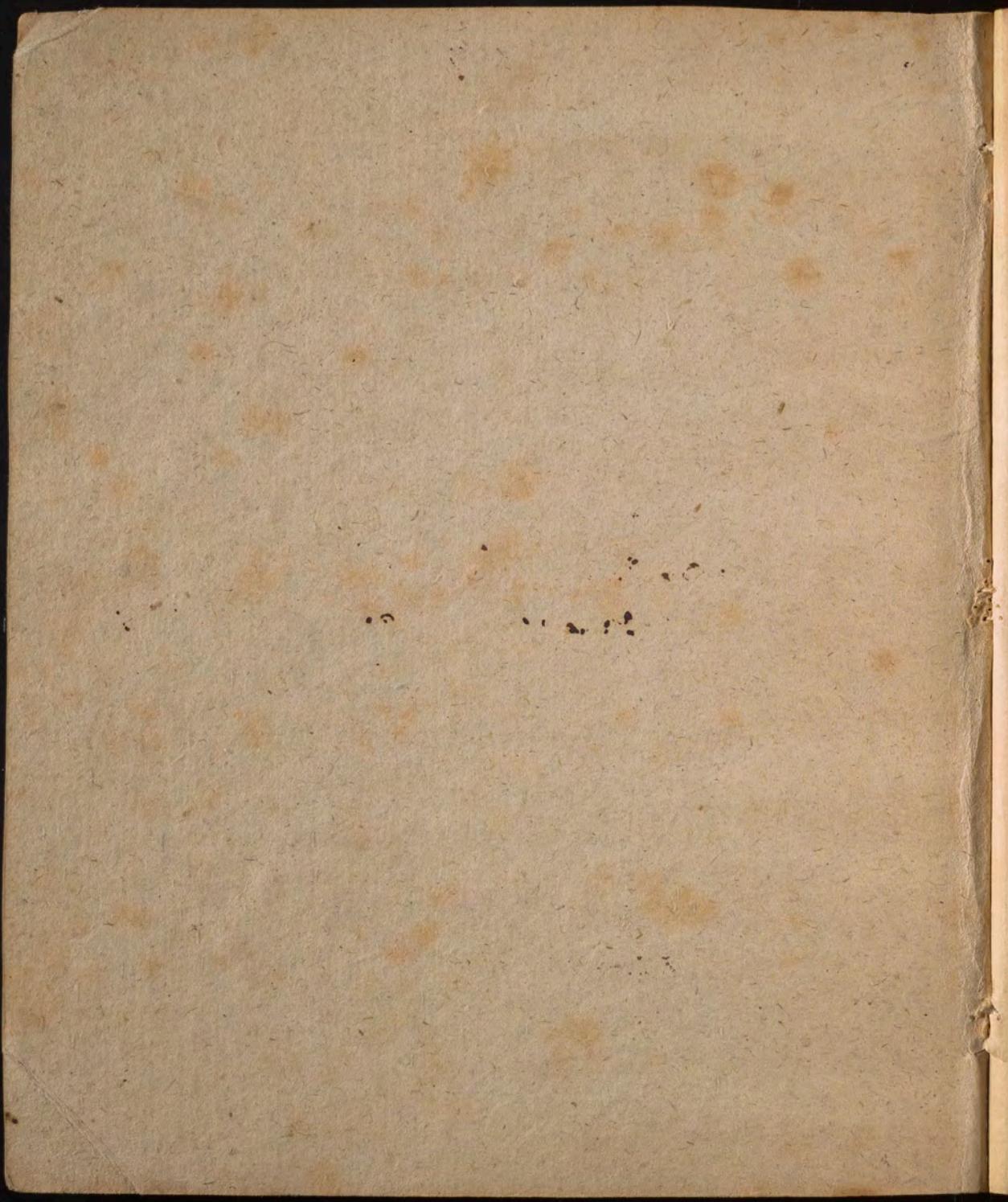


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*Introduction to Institutes.* —



~~Introductory lecture to a  
course of Theory & practice  
of medicine!~~

~~delivered Nov<sup>r</sup> 7<sup>th</sup> 1791  
also December 11 — 1793  
Bawm<sup>r</sup>: 6. 1794~~

~~on the 6<sup>th</sup> of November Lecture  
upon the necessity of combining Theory  
and practice in medicine.~~

~~delivered November 7<sup>th</sup> 1791~~

+ The College of Philadelphia & the  
University of Pennsylvania, <sup>are united</sup> by means  
of a Common Charter on the  
~~in consequence of which the~~  
~~Author was appointed to the~~

2010

of Physic it is necessary to understand the  
natural history &  
~~names - structures - doses of medicines of all~~  
kinds, as they are illustrated by <sup>the</sup> Materia  
Medica, and Pharmacology.

The theory of <sup>medicine</sup> Physic has been called its  
dogmatical - and the practice, its empirical  
part. They are necessarily united, - altho  
in all ages, ~~several~~ attempts have been  
made to separate them, and sets of  
Physicians have existed who have been  
called Dogmatists & Empirics, according  
as they have professed to be governed by  
reasoning, or by <sup>in medicine</sup> experience alone, ~~or by~~  
~~Reason aided by experience~~.

In order to ascertain the relative  
merit of ~~each~~ <sup>two</sup> of these modes of studying



3

and practising physick, I shall briefly point out the inconveniences of each of them, and then show the advantages, <sup>which would follow</sup> from their combination, <sup>of combining</sup> ~~joining~~ them together.

The empirical plan of physick requires a perfect knowledge of every disease, obtained by means of personal experience and observation. — But this cannot be acquired by any one man in the course of the longest life. — For

There are ~~no~~ two diseases perfectly alike. ~~For all its~~ <sup>this</sup> symptoms are diversified by ~~they use~~ <sup>climate & season give</sup> age - habits - and peculiarity of constitution ~~for~~ <sup>to</sup> each of them a variety that eludes the grasp of the human powers in their present <sup>limited</sup> contracted state. —

3 The uncertainty of <sup>4</sup> diagnosis will appear  
to ~~physicians~~ <sup>further when we consider how</sup> physicians  
~~will~~ <sup>find</sup> very few ~~doctors~~ ever  
agree in their accounts of the same  
medicine, and how much the credit  
of the most celebrated medicines has  
fallen, upon this <sup>quack</sup> <sup>composition</sup>.  
known. — of this <sup>famous</sup> ~~wards~~ drops — the  
~~Tythington's Balsam~~ ~~and~~ ~~Woodhouse's~~ furnish  
us with remarkable instances. After  
all that has been said in favor of the  
certainty of <sup>and the uncertainty</sup> experience at the expense of theory, I  
believe with ~~the very late~~ <sup>are " "</sup> ~~Wastards~~  
Cullen that there ~~are~~ <sup>are " "</sup> false facts (if  
the expression may be allowed) to  
one false theory, to be found in all  
our books of medicine.

2 There is a in the mind of every man  
 a disposition to err, ~~in his observation~~  
 from the partiality <sup>he</sup> ~~in his observation~~  
~~of his own opinions~~ ~~in his observation~~ ~~in his observation~~  
~~and own inventions in medicine~~. The  
 laborious efforts of doctors are often dis-  
 tributed for the effects of a favorite remedy,  
 and in some instances, the crisis of  
 a disease has been ascribed to Remedies  
 which have <sup>been thrown out of</sup>  
<sup>behind a fire.</sup>  
 a window, or ~~compted~~ ~~into a chamber~~  
~~not.~~

3 The knowledge of the Empiric is confined  
 wholly to <sup>his</sup> memory; now it is  
 well known this <sup>faculty</sup> of the mind  
 is best forward to serve us, and  
 that it is the first which feels <sup>decay</sup> ~~the~~

& I believe few physicians can number  
accurately, more than the two or three  
last years of their practice.

It is ~~as involuntary~~ as <sup>an involuntary</sup> as much a ~~as~~ <sup>a company</sup>  
~~one as respiration~~, or the motion of the heart,  
and is an involuntary act of the body. all  
phys: reason -

[The only difference between the Empiric &  
a Dogmatist - is the former ~~were~~ by  
renouncing the aids of reason]

the effects  
of disease and age.  $\frac{6}{\sqrt{v}}$

~~E~~ There is no exception to this remark,

~~V understanding soon made to be good for  
diseases, - hence we find men who  
reject the dominion of kings & priests  
yield up their judgements implicitly  
to the direction of a family Physician.~~

I conclude therefore that experience  
alone is insufficient to conduct us to  
regular & useful practice in medicine.

Let us next examine the  
equal

happened that <sup>Empirical</sup> ~~Yuccas~~ have been more fortunate in life than <sup>Dogmatical</sup> ~~regular~~ physicians, who I would answer, that they think <sup>themselves</sup> ~~themselves~~ (as far as it relates to the emoluments of the profession) ~~are~~ derived from the ignorance of mankind. They promise great things; - their occasional cures are magnified, - and their more numerous acts of mischief or homicide are concealed, or denied by their patients, - for it is an old & a true saying "that quacks are the greatest liars in the world, except, <sup>their patients</sup>" ~~the people who employ them~~ —

If experience without theory is insufficient to guide us in the practice of medicine, what shall we say of theory

Chamisso

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without experience? many difficulties oppose themselves to an attempt to cure diseases ~~without~~ by theory alone. These difficulties are

1 Our ~~present~~ <sup>imperfect knowledge</sup> of the Structure of the human body, more especially of the brain & Nervous system.

2 Our ignorance of the manners in which impressions from external bodies are produced upon the human body —  
extent

3 The limited ~~powers~~ <sup>is</sup> of the human Understanding, which as yet ~~are~~ incapable of acquiring truth by simple intuition; but which still requires the aid of experience and Observation. —

3. The weakness and protracted state of

to prescribe medicines to alter,  
certain supposed morbid anomalies in  
the blood, and it was from a similar  
for preconceived error in pathology that  
~~Dr Brown~~ <sup>the</sup> belief in the sedative  
operation of Opium that Dr Cullen  
prescribed it in the ~~most~~ inflammatory  
stage of madness, and it was from a  
belief that disease consisted in debility,  
that Dr Brown prescribed stimulants  
so in ~~all~~ <sup>many</sup> diseases of the most violent  
nature. Theory is exp. worse than exp.  
always lies <sup>some</sup> theory - Navigation - one forest  
all - one key - a whole cabinet.

the papers ~~would~~ increased the uncertainty  
 and danger of depending upon Theory alone  
 in the cure of diseases. ~~Vanity is a~~  
~~& Great & even good quality men have often~~  
~~predominating ~~feast~~ in the ~~bacchan~~~~  
~~been misled by~~  
~~Wish, ~~and~~ an attachment to a theory~~  
~~imagination.~~  
 which is the offspring of our own ~~error~~  
~~is apt to mislead us in all our inquiries~~  
~~in Medicine.~~ It was this Attachment  
 to theory that ~~but~~ induced Dr Stahl to  
~~trust to the Animal Medica in the~~  
~~early <sup>his</sup> all diseases.~~  
~~case of Hernorrhage.~~ It was the same  
 self-deception that led Dr Boerhaave to  
~~considerable number of 5 to remove~~  
~~obstructions in the Renes. - and it was~~  
~~from the similar possibility to a~~  
~~preconceived idea in physiology that~~

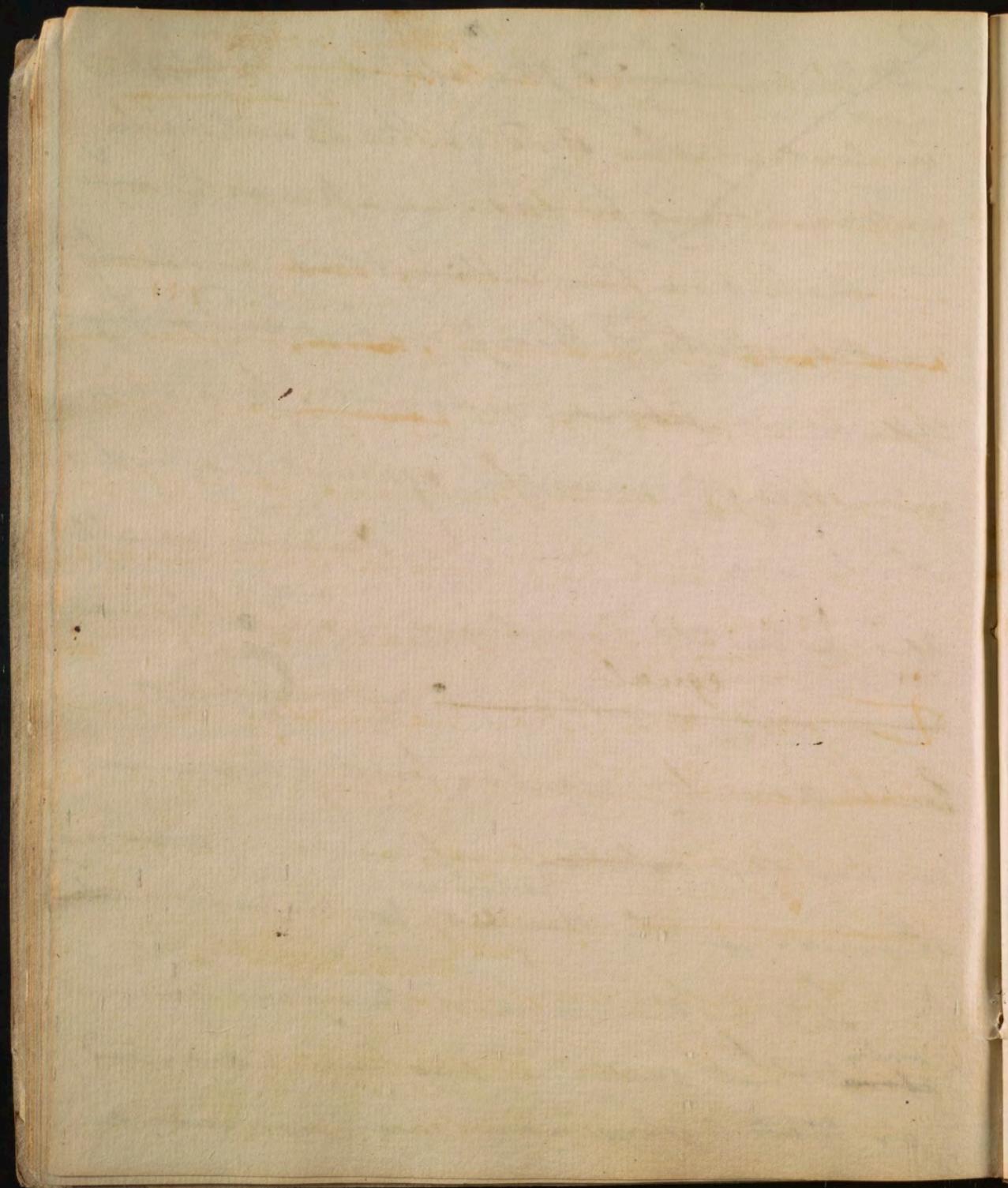
~~v Delusions that led him to use opium  
& brandy in every species of the gout - a  
delusion which was the <sup>own</sup> cause of his  
death, for he died under the operation of  
a dose of opium taken at an improper  
time, and in an improper dose.~~

~~Malaria fevers of Helv. the winter a remedy of State,  
the spasms of Hoffman - the prints of Cal & the debil of  
Boonen - and delirious existing as the causes of fevers~~

~~v occurring in febrile diseases, have  
more than this word  
slain, in every age & country where  
they has prevailed. —~~

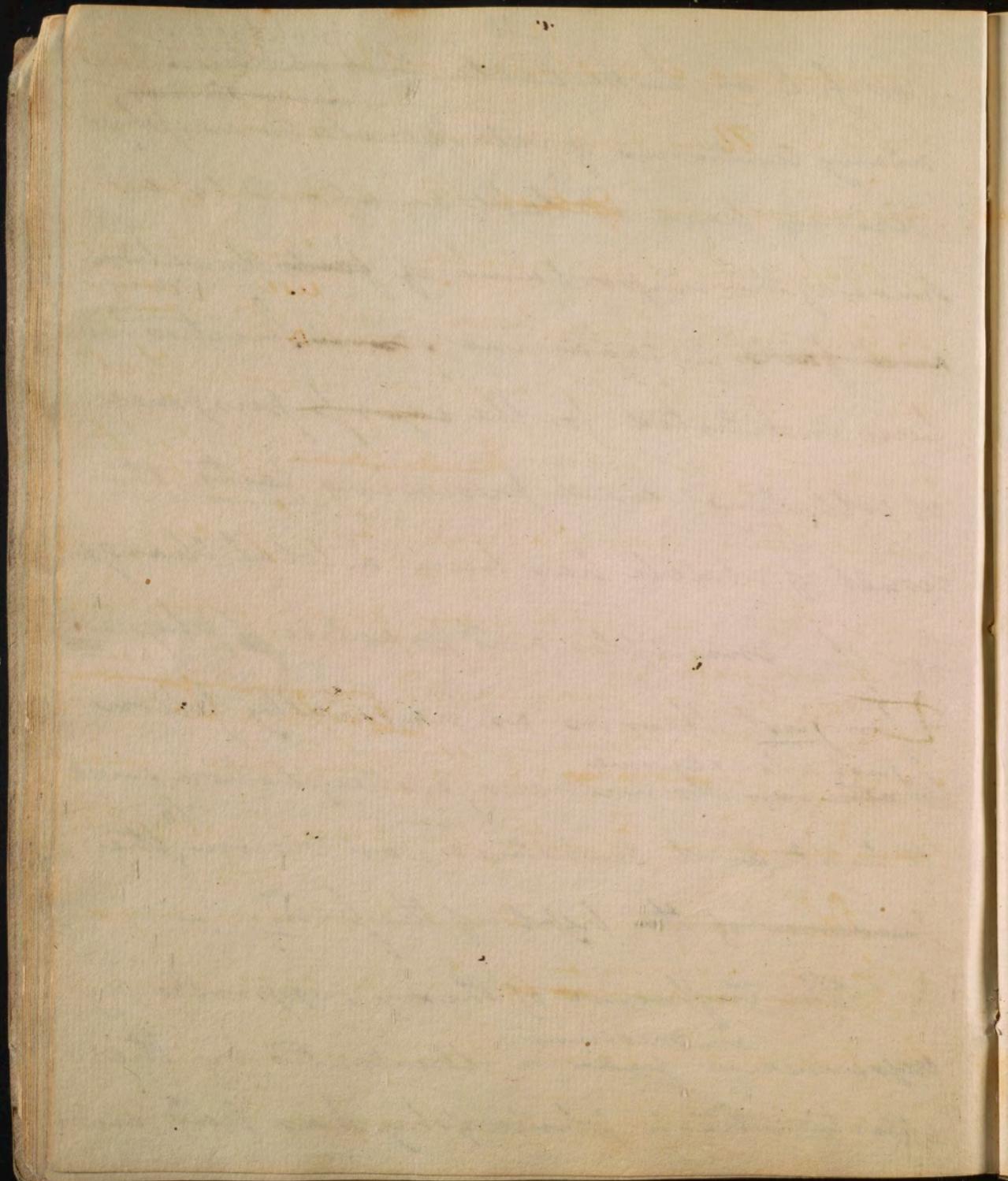
~~De Brower~~ to deny the efficacy of Blister  
in Contusion, and of the Bush in  
intermitting fevers. — It was the same  
such are the difficulties, and such  
~~are~~ the effects of theory, unsupported by  
experience, ~~in~~ ~~about~~ medicine. It is a com-  
mon thing to inveigh against the mischief  
which has been done by Quacks in all  
ages, & in all countries, but I believe  
as much, if not more mischief has  
been done by regular and physicians  
under the ~~solitary~~ influence of various  
<sup>doctrines</sup> theories. — The theory of protraction ~~the~~

It is by the Union of Theory and experience  
only, that medicine has been advanced;  
or that a physician can become a



" in his profession.  
useful or respectable. ~~Character~~ After  
many centuries of idle speculations, phy-  
sicians have at last awakened to a  
sense of the importance of ~~facts~~<sup>Observation</sup>  
~~and facts~~<sup>+++</sup> in medicine. ~~and~~ Societies have  
been instituted for the ~~exp~~ purpose  
of collecting, and preserving facts, the  
result of which has been a total change  
in the principles and practice of physick.  
For just theories as naturally follow  
<sup>just and extensive</sup> ~~both~~ <sup>to</sup> ~~is~~ Observations, as vegetation must  
to heat and moisture, or vision, the  
~~presence of the~~ light of the sun]. —

The influence of theory supported by  
<sup>in medicine</sup> experience ~~area~~ is illustrated by the  
effects which philosophy has had in



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improving the chemical & mechanical  
arts. - How numerous have been the  
discoveries in ~~optick~~ the different species  
of glass, more especially in those forms  
of it which have been made <sup>use</sup> ~~off~~ to extend  
our vision to distant or minute objects,  
since the properties and laws of light  
have been ascertained by Sir Isaac  
Newton. - And how great have been  
the ~~discoveries~~ <sup>exploits</sup> of mankind in navigation  
since the application <sup>of leadstone &c.</sup> ~~of~~  
of the ~~discovery~~ <sup>of</sup> the Quadrant, and  
~~the lead stone to~~ <sup>only</sup> the purposes of navigation!

Observation produces truths in suspicion.  
- ~~This~~ <sup>is</sup> Theory to like a gage measures  
truths of the same dimensions in every  
part of nature, and thus produces Clinton

~~to~~ a single just principle often supplies  
the place of an hundred facts, and explains  
the cause of many diff<sup>e</sup> phenomena. Just  
a knowledge]

V ~~He~~ however sooner or later advances  
youth to old age, and places the young  
phys<sup>i</sup>. upon a footing with grey hairs  
in the practice of medicine.

V And that ~~is~~ man (for a physician  
he cannot be) who exalts theory at  
the expense of experience, experience  
at the expense of theory must be  
deficient in <sup>integrity or</sup> understanding.  
as a Religion de: sup: 25 of 1 Feby

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of them at once. Observation creates may be compared to a power which creates an Alphabet, while Theory by placing its different parts together, ~~renders it logical~~ <sup>creates</sup> words and ideas. — Observation is to theory, what confused sounds are to harmony. It is theory which <sup>imparts life</sup> ~~signifies~~ to facts. ~~without it, they stand~~ By means of Theory we shorten the road ~~to~~ <sup>to</sup> truth in Medicine. ~~The Union therefore between experience and theory is indispensable~~ In a word to constitute a physician. Religion & morality, — law & liberty, — virtue & happiness, are not more inseparably united, than experience and Theory, <sup>are the</sup> in successful treatment of diseases, ~~& all physi.~~ <sup>remon repp. 6.</sup>

~~most speculative physicians~~

✓ The ~~most speculative~~ physicians are generally the greatest collectors of facts.

✓ Positively they are the food of <sup>principles</sup> facts, and hence we find the greatest collectors of them are <sup>#</sup> speculative physicians. Thus

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There are two more circumstances in favor of Theory in physics, which deserve to be mentioned. It disposes to attend to facts, and thereby to multiply them. A man who walks across a field in search of plants of a particular class, will discover more of them than a man who ~~only~~ <sup>always</sup> in passing through the same field has no such objects to ~~fix~~ arrest ~~his~~ his Attention. I grant that Theories have often been suggested by facts, but these facts at first have been of a solitary nature, and ~~they~~ <sup>it we</sup> generally find that by suggesting theory, they lead at once to other congenal facts, which without it, would never

the application of  
~~It was by process of the theory w.  
Dr Sydenham had formed of the  
confluent small pox that Dr Jenner  
be to all other inflammations  
lessen and the plague with  
the only remedies which proved  
successful in it.~~

It was thus Dr Sydenham was led  
from his successful treatment of the small  
pox, to apply ~~the~~ similar remedies to  
inflammations of all kinds.

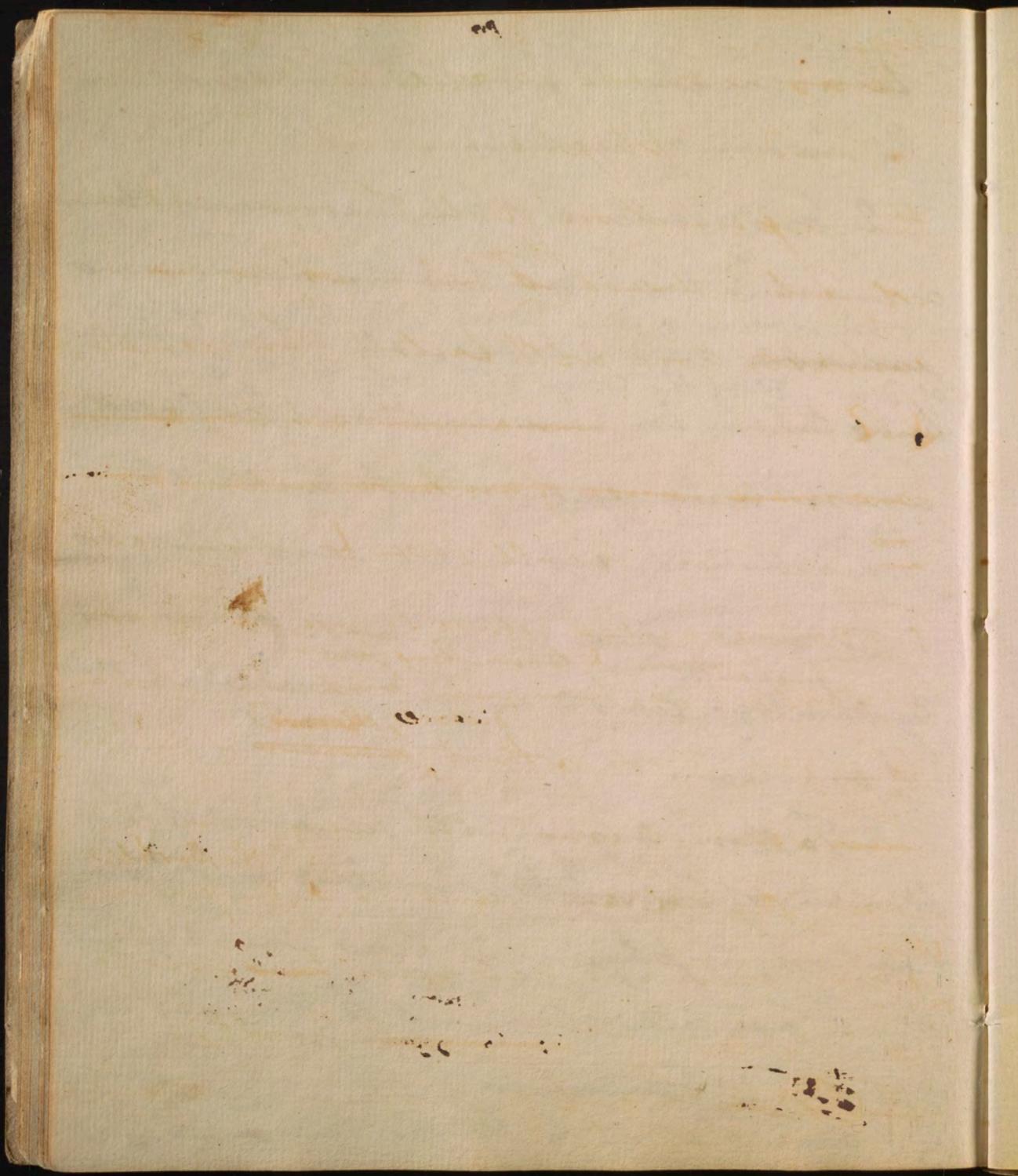
~~Let us not attempt to decide~~

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been awakened from their repose in  
the bosom of nature.

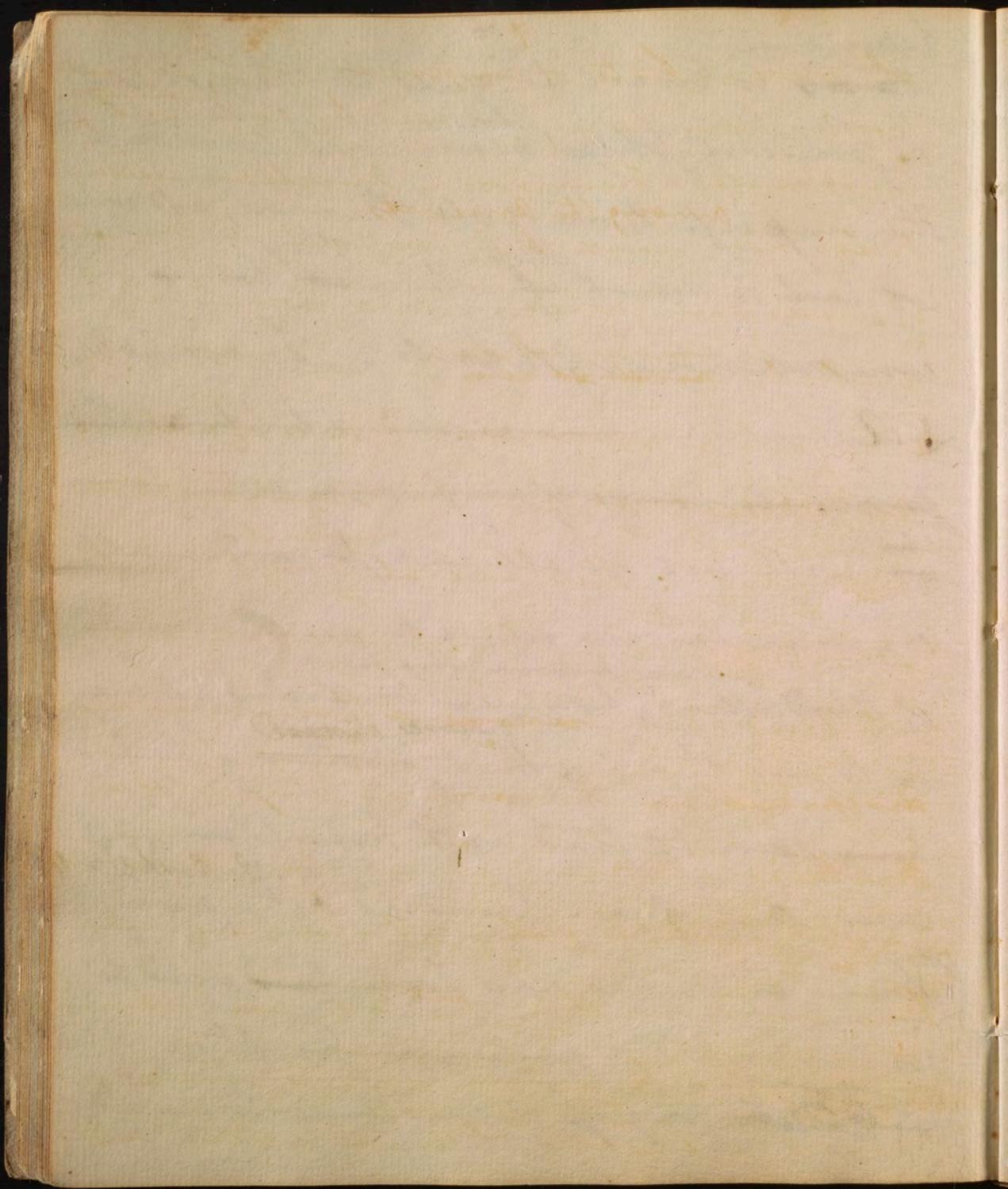
In speaking of Empiricism it has  
reminded me that no two diseases were  
so far as I can recollect, as have  
~~probably~~ ever been alike - all circumstances  
of disease & of the constant process of cure  
being taken in consideration. In cases  
which occur frequently to the oldest  
practitioners, experience can afford no  
assistance. Here <sup>then</sup> theory steps in, and  
by analogy, leads to a safe & successful mode  
of practice.

To these arguments in favor of the  
Union of ~~Theory~~ <sup>of</sup> Principles and Obser-  
vation in physic, it has been objected  
that an attachment to Theory in  
medicine, is apt to mislead Physicians.  
I grant this to be the case where

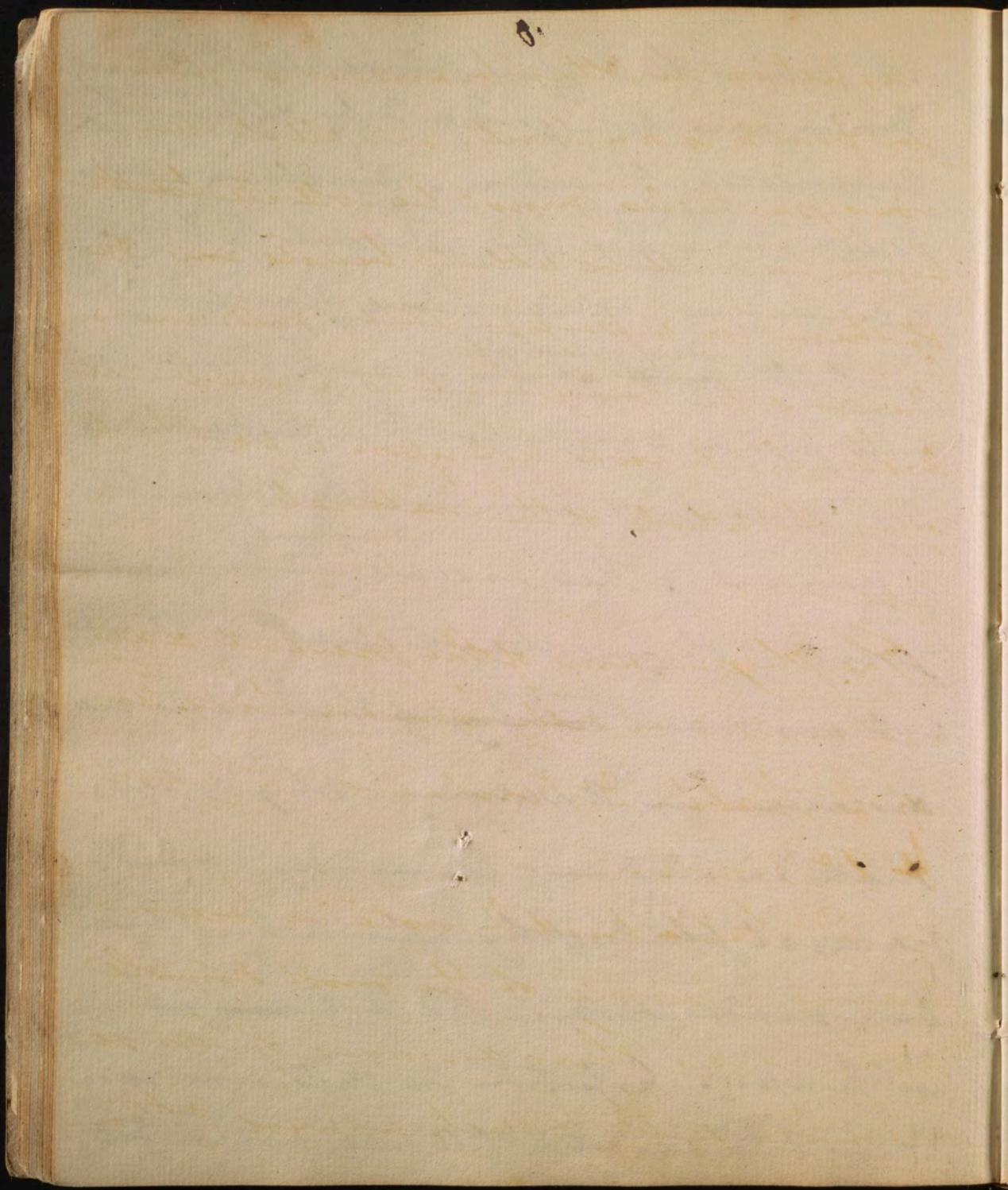


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Experience  
theory is made to yield to theory. But  
a prudent physician will consider  
the imperfection of all theories, and will  
not fail to desert ~~it~~ <sup>them</sup> when <sup>they</sup> comes in  
competition with facts. For example,  
~~If a physician has adoptedibility as the  
proximate cause of an intermitting fever,~~  
~~he will not in all cases, & under all~~  
circumstances refuse to use the remedy  
~~in an intermitting fever~~  
of bloodletting, however contrary it may  
be to his theory of that <sup>disease, &c.</sup> disorder if he has  
seen it tried with success in 99  
cases out of an hundred, after every  
<sup>the bark</sup> other tonic medicine has been tried void to  
no purpose. ~~go to see~~ In the  
~~other~~ progress of medicine towards



its present state of improvement different theories have been proposed by different persons.  
 Hippocrates - Thessalonian - Avicenna - Galen among the Ancients  
 Asclepiades have all proposed systems of medicine which have flourished for a while, <sup>in succession</sup> ~~and~~ <sup>successively</sup> to each other. You will find a particular & interesting account of each of them in Black's history of Medicine : They are all imperfect, & some of them absurd, because they do not embrace <sup>any of</sup> ~~but~~ those numerous discoveries in Anatomy - Physiology - materia medica - Chemistry - and natural philosophy which have been made within the last two centuries in Europe. Perfection in medicine can never be expected, till we arrive at



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perfection in other branches of science,  
for truth is an Unit, and all its numerous  
particles must be collected together  
before we shall be able to behold any one  
of them in a perfect state. Medicine may  
therefore be compared to a well built  
Arch which rests not upon a part, but  
upon the whole of the materials which  
support it. —

The physicians of the present day  
are divided chiefly between the systems  
of Dr. Hahn - Dr. Barshave - Dr. Cullen -  
& Dr. Brown. —

Dr. Hahn lived & wrote in juxony  
among a people of the most simple  
manners. Their diseases of course  
were simple, & such as were often

*sent us*



*sent us*

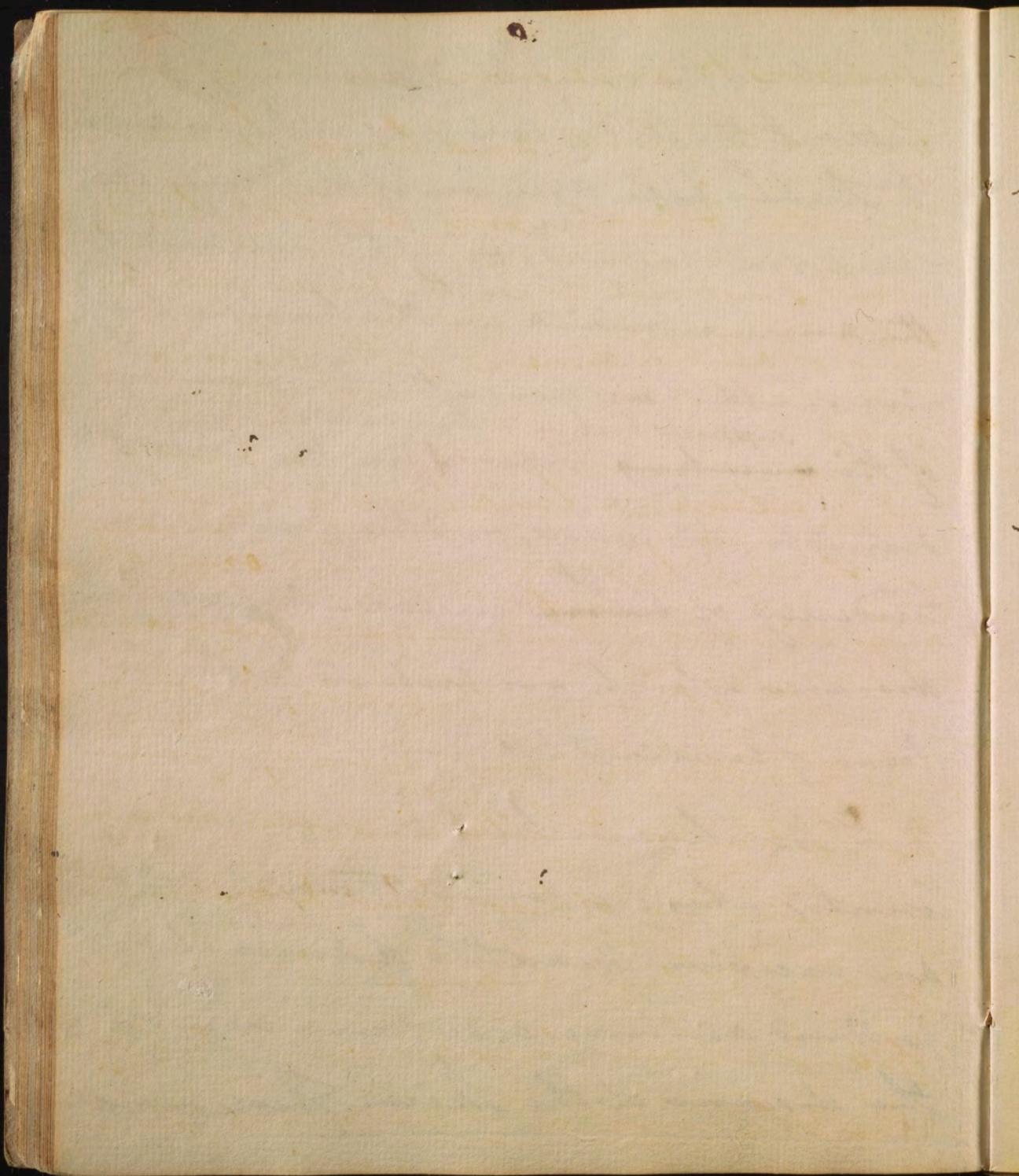
*sent  
us  
and  
us  
and  
us*

19

ured by the simple Operations of Nature without the Aid of Medicine; — hence arose Dr Stahl's high Opinion of the "Vires Naturae et Medicatrix", or of the existence of the anima medicatrix in the human body.

— we shall have hereafter the weakness of this <sup>supposed healing</sup> power <sup>in nature</sup> in the most simple diseases, and the pernicious tendency of ~~it~~ in those artificial diseases which are produced by the customs of civilized life. —

Dr Bourhaave lived & wrote in a country where a moist atmosphere, & an excessive quantity of <sup>unwholesome</sup> animal Diet, produced an immense number of the diseases of the Skin. These were



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supposed to arise from an impure  
state of the blood, and hence lepto-  
tony - & aerimony - in that fluid,  
were supposed to be the proximate cau-  
ses of all the diseases of the human  
body. —

3. Dr. Cullen - lived & wrote in <sup>a country</sup> which  
indolence & luxury have let loose, <sup>a train</sup> of  
new diseases. These diseases appear to  
be seated chiefly in the solids, - & particu-  
larly in the nervous system, - hence  
the system of Dr. Cullen is founded upon  
the discovery of those laws, & properties,  
of muscular - arterial - & nervous  
fibres which have been unfolded by  
the phenomena of the present artificial

V has done much more. ~~He~~  
It is to be lamented that ~~he~~ after ma-  
king war upon the operations of fraterine  
for some years, he relapsed in a belief  
in his healing powers. In his concentra-  
ted views of the nervous system, he has  
overlooked the blood or but slightly  
glanced at the pathology of the blood-  
vessels, and by adopting the nosology of  
the physicians on the Continent of  
Europe, he has unfortunately ~~and~~  
~~retained all impressions~~ led to a substitution  
physicians to prescribe for the name  
of symptoms, instead of the proximate  
cause and grade of diseases.

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diseases of Great Britain. — The writings  
of Dr Hoffman contain many of Dr Cullen's  
principles, and facts, but ~~the~~ <sup>his</sup> works of  
withstanding may be considered as  
barely original truly valuable. They  
abound with original matter, and  
their effect <sup>has been</sup> ~~was~~ felt in every ~~part~~  
<sup>department</sup> ~~of the~~ <sup>society</sup> ~~profession~~ of medicine. Had he  
done no more than ~~to expose~~ <sup>symptomatology</sup> ~~the~~  
expose the errors of <sup>System</sup> ~~the~~  
~~systems~~ of Dr Boerhaave, he would have  
deserved well of his profession. But he  
~~deserves the blessings of mankind.~~ But  
has exposed many of the <sup>internal & external</sup> ~~languid~~ <sup>systems</sup>, and has  
he - opened the ~~leids~~ <sup>leads</sup> to all who find  
~~them to be~~ <sup>seats</sup> ~~close~~ <sup>after</sup> ~~cause~~ at the foundation of  
most of the diseases of the human  
body. — In the system of  
Dr Brown ~~he~~ <sup>has</sup> lately published a  
we find clear & app: 23.

~~He has done~~  
✓ Dr. has happily & successfully  
~~exposed~~ the impracticability of ~~all~~  
<sup>go to p. 240</sup>  
~~D'ullien's~~ nosological Arrangement of diseases,  
and from has reduced their number  
from several hundreds down to  
two, which he calls Phrenic and  
Osthenic - ~~to the~~ and Syphic. To  
the former class belong 77. To the latter  
but 3 out of an hundred. The remedies  
for the Cure of the Osthenic Diseases are  
stimulants, and these consist chiefly of  
Wine, ardent Spirits, salt - opium & other. -

~~His remedies for Spanish diseases are moderate &c. - Consist in a cold air.~~

~~I shall henceforth examine this division of Descartes more attentively, and show that ~~it is~~ as it is, and shall I hope to lay before you a more simple~~

~~we find many parts of Dr. Cullen's 22 opinions controverted, & some of his medicines for which he has some of them completely rejected.~~

~~of Dr. Cullen's opinions.~~ He supposes that 97 out of all 100 diseases depend upon debility, and that the cure of them depends upon the use of stimula-  
ting medicines. From his attachment to this class of medicines he was known in Edin<sup>r</sup> by the name of "stimulating Brown." His remedies consist chiefly of wine - spirituous spirits - volatile salt - Althus & opium. As he reduces all diseases to two classes only viz  
Sthenic and Astenic, or diseases of strength & debility, so he reduces medi-  
cines of all kinds to two classes only

~~of those  
view, that that given by Dr Brown.~~

~~While I say Error in principle  
is generally connected with error in practice.  
Dr Brown was an unsuccessful practitioner,  
and his pupils who have adopted  
his principles in their utmost extent, have  
been equally less so, & But medicine is under  
great obligations to him, for  
& clear & comprehensive view of his just theories  
of heat & cold, & the doctrine of animal life &c of the  
caus. of affection, & what are impop.  
called animal & medical medicines - and of the  
impl. passions in the prod & cure of disease.~~

23

~~Div: Stimulants & Sedatives.~~ If this division  
of diseases and remedies should appear to  
be well founded, I hope to prove hereafter  
that he has mistaken <sup>not only the stages of the</sup> the next disease  
in fact even many of the diseases  
themselves in which his <sup>two</sup> different  
classes of medicines are proper. This  
~~mistake~~ in practice in most cases is  
absurd and even dangerous, nor  
~~shall~~ we be surprised at this when  
we hear that his acquaintance  
with diseases was taken chiefly from  
~~books~~, ~~for he had not~~ ~~but~~ under all the  
experience  
this advantages of a want of ~~knowledge~~,  
and ~~the number~~ <sup>knowledge</sup> of diseases, and of a  
dissipated life, he has enriched <sup>our Science</sup> ~~his~~ <sup>his</sup>  
with several new principles ~~as~~

V But with these original or just Opinions,  
he has blended many errors some of  
~~which~~ in his system of medicine.  
I shall hereafter take notice of each of  
them. At present I shall only say that  
I cannot admit with so much ability  
to be a disease. ~~than the equality of~~  
~~excitement in the morbid state of~~  
~~the body. I shall reject likewise his~~  
~~division of diseases. In regard of admitting~~  
~~that~~ ~~feebleness will do more justice.~~

It is a predisposing cause, ~~as~~ symptom, ~~or~~  
consequence of disease only. I shall likewise  
~~reject his division of diseases, and adjoin~~  
that Disease consists simply in morbid  
excitement which is always partial.

Of course I reject his division of diseases  
into Thennic and Asthenic;  
and his doctrine of equality of excitement  
in the morbid states of the body. Disease  
is an Unit, whatever be ~~of~~ a and ~~or~~ changes

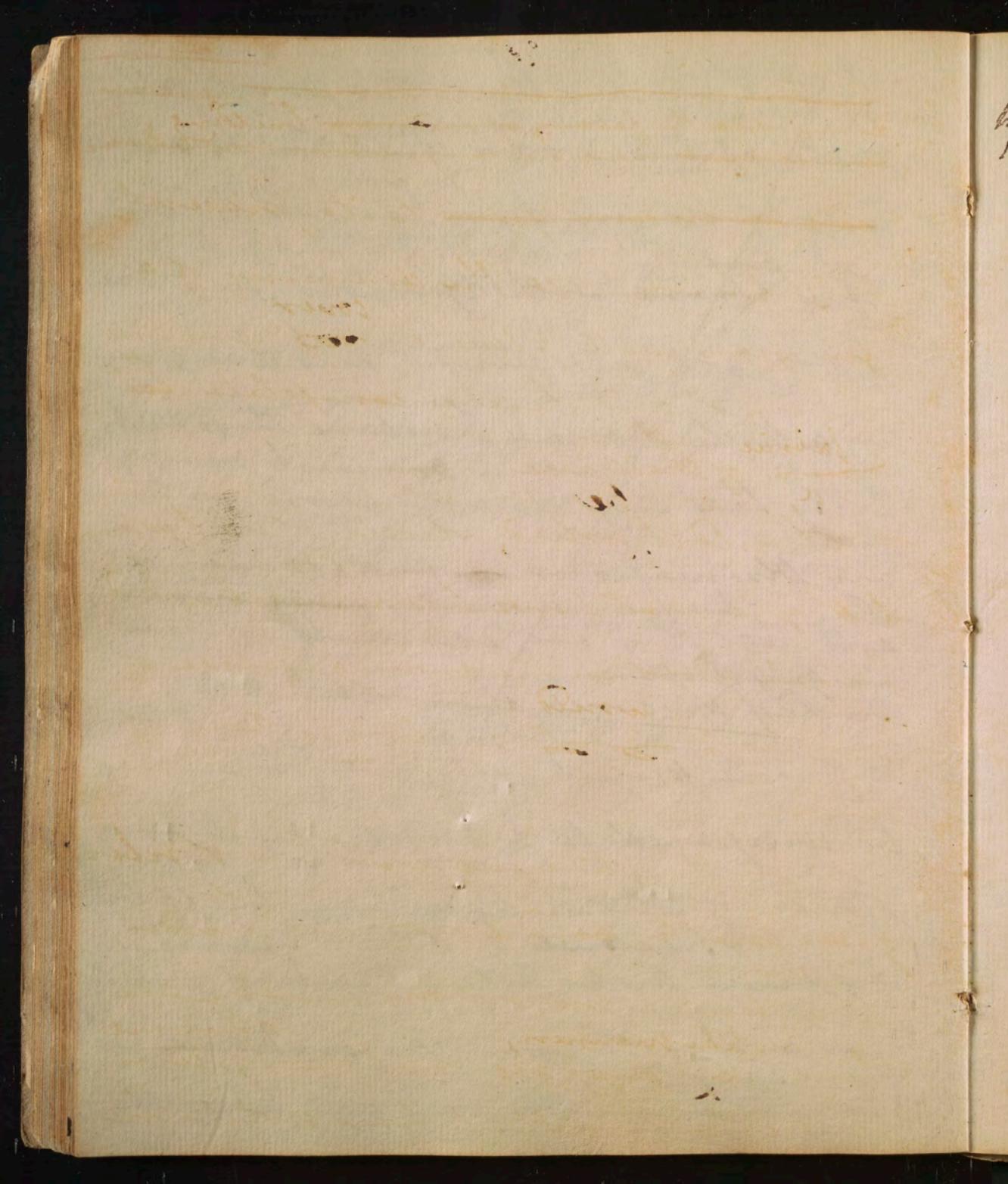
Medicines which in prudent hands  
 may be of extensive application in  
 practice. He has clearly demonstrated  
 the stimulating & effects of heat, &  
 the sedative effects of cold. He has  
 established the stimulating powers of  
 Opium - and has proved that in  
 most cases <sup>the</sup> sedative ~~actions~~  
 consists in <sup>an abstraction</sup> ~~an evaporation~~ <sup>in</sup> ~~the~~  
 of Stimulus & he has moreover  
 upon the operation of the vapors  
 in the production & cure of diseases he  
 has shed a great deal of light, for  
 which posterity will be grateful to him.  
 His doctrine of animal life <sup>which</sup> has illus-  
 trated, will always be ~~remembered~~  
~~and appears to run over~~  
 under obligations to Dr Brown,

and is always accompanied with unequal  
excitement. ~~that~~ The cure of disease consist  
in restoring ~~this~~ it to its usual & natural  
diffusion throughout every part of the  
System. If Dr. Cullen did harm by direct-  
ing the attention only to the name &  
symptoms of disease, ~~what~~ without a  
due regard to the <sup>varying</sup> state of the System, how  
much more mischief has been done <sup>by Dr. B.</sup>  
~~by withdrawing~~ <sup>^</sup> ~~by destroying~~ Attention from those symptoms,  
and ~~prescribing~~ for the confining all  
prescriptions wholly to one state of  
the system to that state of the body w.  
is but an ~~undeviating~~ symptom of  
disease ~~vis debilitatis~~, prescribing one  
clap of med'cine only to remove his  
<sup>terribly unwell</sup> painful debility? - This

25

but it appears from the practical  
parts of his works that he was  
unable to profit by his own discoveries.  
~~as we are capable of judging,~~  
~~They consist with Opinions, and pre-~~  
-cups that are absurd, and dangerous  
in a high degree. I declare thus pub-  
-licly that they do not accord with  
my Observations ~~in~~ and experience,  
and ~~however proper they might~~ may be  
in Great Britain  
~~in the diseases of our climate.~~

A perfect System of Physic may  
be compared to a house - the different  
Stories of which have been built by  
different Architects. - Each <sup>one</sup> of them  
has a claim upon our gratitude for  
~~attempting to~~  
~~providing us with a shelter from the~~



and for  
having <sup>advantageously</sup> ~~the advantages~~ of the weather, & <sup>the</sup> science  
<sup>&</sup> of medicine has been gradually advanc-  
ing from many years to its present  
height. we hope the discoveries of a  
few years will place a ~~new~~ upon this  
building, and thereby complete <sup>the</sup>  
~~fabrick~~ of medicine. —

Should it <sup>be</sup> asked, which of the systems  
of Physic that have been mentioned,  
I shall adopt in the ensuing course of  
lectures, I <sup>would</sup> reply no One of  
them.

As in the different systems of reli-  
gion truth, and error are divided  
in different proportions among all  
them, so <sup>in like manner,</sup> I suppose that no system  
is so erroneous that has not some

V I shall therefore select from the  
systems of D<sup>r</sup> Boerhaave, D<sup>r</sup> Cullen &  
D<sup>r</sup> Brown such principles as I believe  
to be true, and shall add to them such  
Others as have been suggested to me by  
my own <sup>reflections & observations.</sup> <sup>Op 27</sup>

~~course of 40 years study & practice.~~

In taking the course of these  
lectures, I shall not be deterred from  
conjectures whose demonstration cannot  
be obtained. Should those conjectures be  
erroneous, they will notwithstanding serve  
the cause of truth, for I believe with Mr  
Lambertelle that the number of false  
opinions is limited. Every unsuccessful  
conjecture therefore removes a part of  
the rubbish which obstructs the avenue

truth in it, and <sup>27</sup> more so true, that  
has not some error blended with it.

I shall therefore derive all the aids  
I am able from ~~each of~~ ~~all the~~ Systems ~~that~~  
have been named, particularly from  
~~D'faton's & Dr. Brown's~~ but I shall add  
to them ~~a~~ <sup>the</sup> adoption of my own, which  
~~I hope to establish by facts, and which has~~  
~~been prepared to support myself than~~  
~~any man the result of long & faithful attention to~~  
~~the painful opposition I have met with~~  
~~which I conceive to be accommodated~~  
~~modulated to the present state of disease~~  
in the United States. — go to page 33

To persons accustomed to receive  
knowledge of every kind from the other  
side the Atlantic tend to view human  
genius on a more extended scale in  
the ~~more~~ <sup>more</sup> enlightened countries  
than in America, it may sound

to truth, and ~~that~~ thereby contributes  
to the happiness of future inquiries.

nor shall I neglect to lay facts  
before you where I am not able to  
connect them by a principle. Simple  
truths upon all subjects seem to possess an  
affinity of elective attraction for each  
Other, and in order to exert this power  
it is necessary they should be brought into  
contact, and this can only be done by  
their being brought to light, & recorded,  
~~now~~ by which <sup>means</sup> they are prepared for  
the hands of ingenious Speculators even  
to combine into principles. It is in this  
way, most of the discoveries in science have  
been made in all ages & countries. —

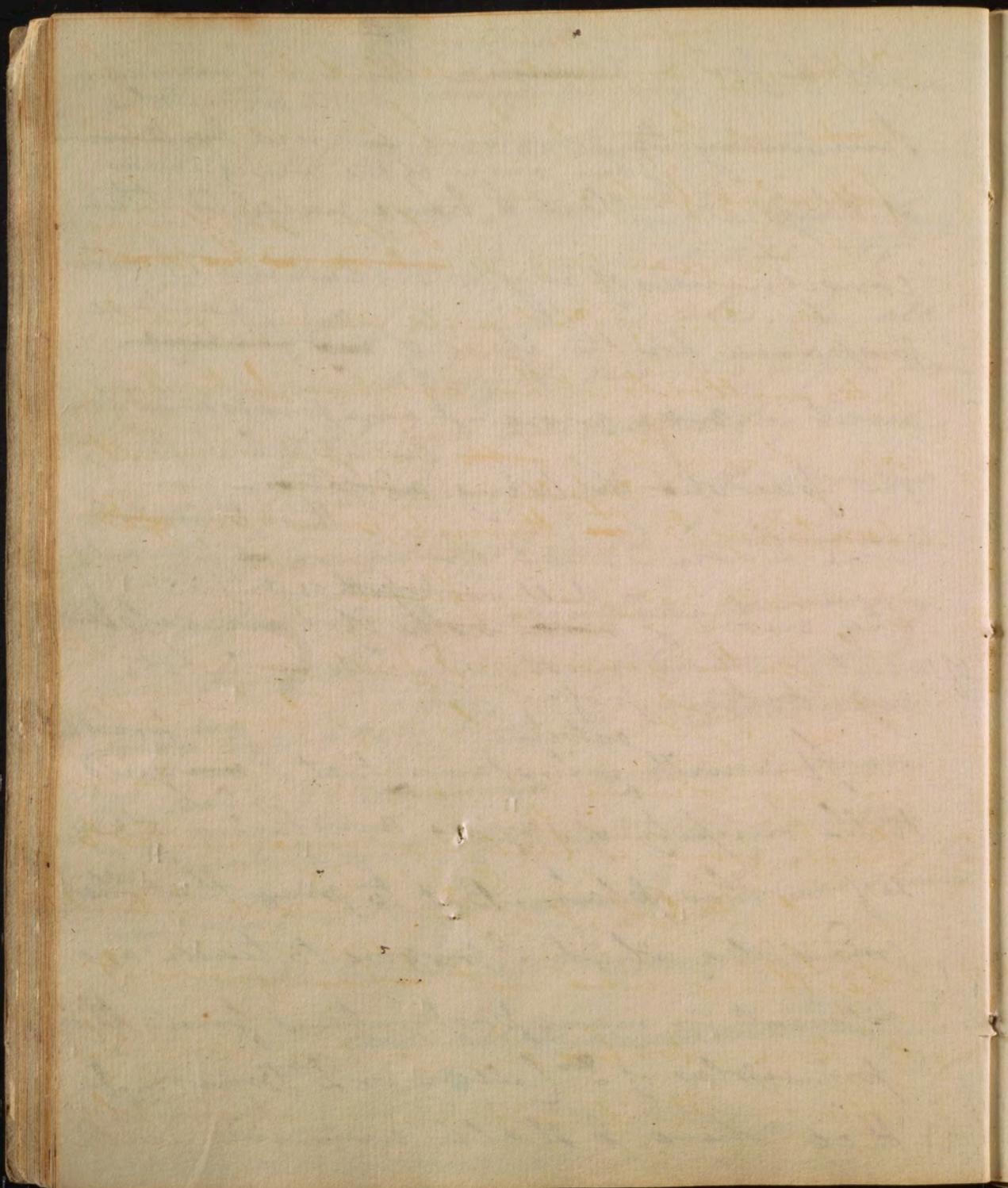
I dare not ~~promise~~ you any

Ha

teacher 28

bold for a ~~professor~~ in an American  
Seminary to promulgate new <sup>principles</sup> system  
of physic. — But I have weighed the  
consequences of my undertaking. I am  
prepared for the issue of <sup>a failure</sup> ~~my failing~~  
in it — may more — I am prepared for  
the issue of its being <sup>unsuccessful,</sup> adopted — for I  
well know — that the more <sup>these principles</sup> it prevails,  
the more <sup>I shall risk both</sup> ~~I risk both~~ of losing &  
what is consid<sup>r</sup> most valuable by in the  
reputation prof<sup>u</sup> of med:

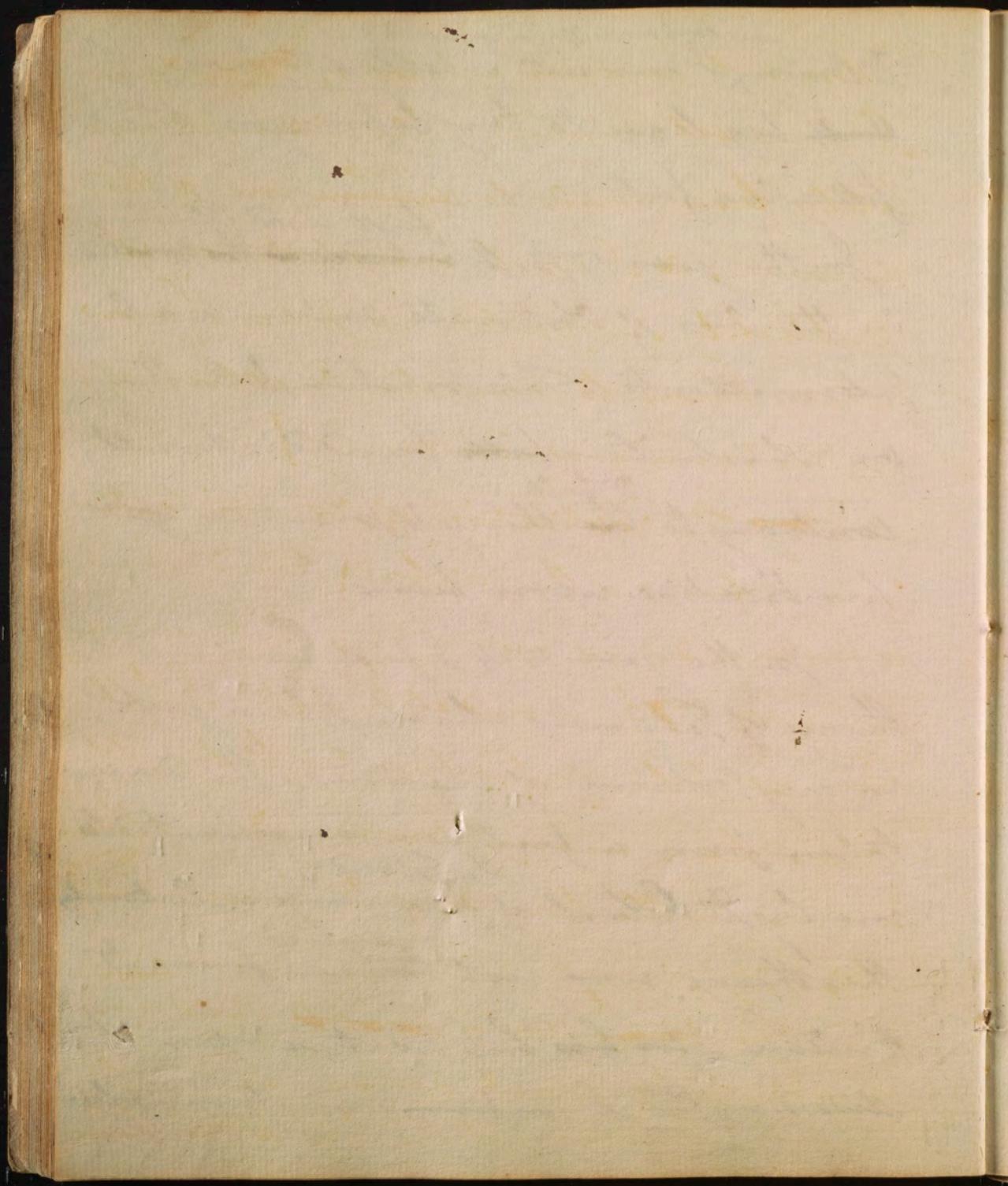
It is with <sup>extreme</sup> reluctance that I am forced to  
to the necessity of saying anything of myself in this place. But to prove that the  
principles which I propose to teach are  
different in many particulars from the  
principles of Dr Cullen or Dr Brown, &  
that where I shall coincide with



in certain Opinions <sup>29</sup>  
Dr Brown & I am not indebted to him, &  
shall beg leave to lay before you the  
following facts. —

In the year 1773, I ~~introduced~~<sup>fist used</sup> Bleeding  
in the Case of Obstinate Annual  
Intermittents. This practice, & the theory  
on which it is ~~both~~ founded is directly  
<sup>opposite</sup> contrary to the theory & practice of Dr  
his practice upon fevers. —

In the year 1774 I first conceived the  
theory of Tetanus which I have publ.  
in my volume of inquiries. The idea was  
taken from a fact communicated to  
me by Dr Hibert of <sup>the Island of</sup> Dominique. Certainly  
this theory was not taken from Dr  
Cullen - for his <sup>derived</sup> treatise upon this  
disorder (tho' it confirms my principles)

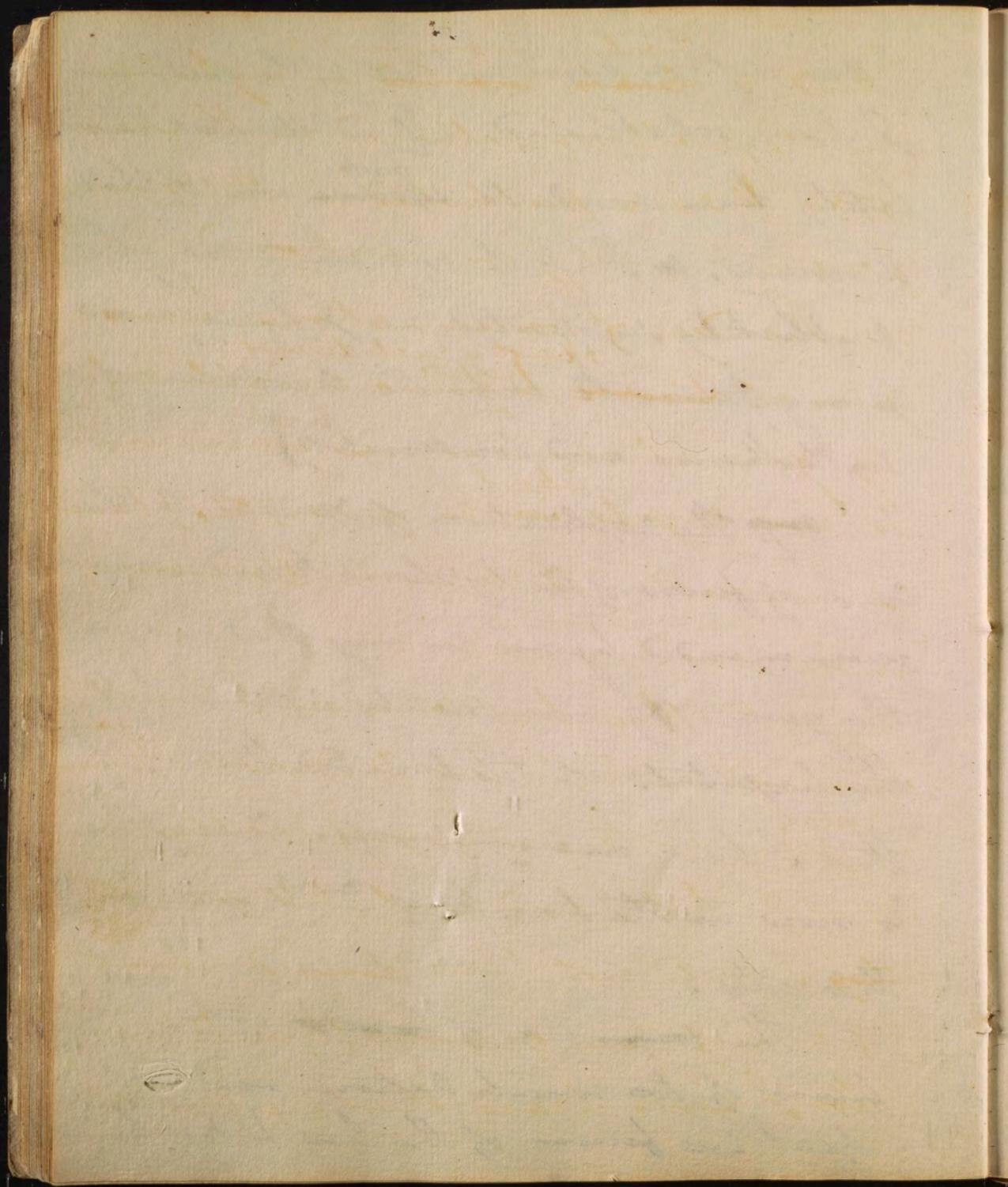


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does not contain a hint of the doctrines  
I have established. — [An attempt has  
lately been made to <sup>note</sup> deprive me of this  
discovery, & I wish much to see it  
publickly supported, as I have now  
in my power to cover the authors of it  
with shame and contempt.]

My the application of Opium to the  
cure of fevers of the typhous kind was  
recommended by me in my lectures in  
the year 1779 immediately after I left  
the hospitals of the United States. Of  
this I have many proofs. One of them  
is now in the hands of Dr Currie in  
this city.

The ~~excessive~~ use of heat ~~and~~ <sup>in</sup>  
fevers of too much action, and of  
heat in fevers of the low & typhous

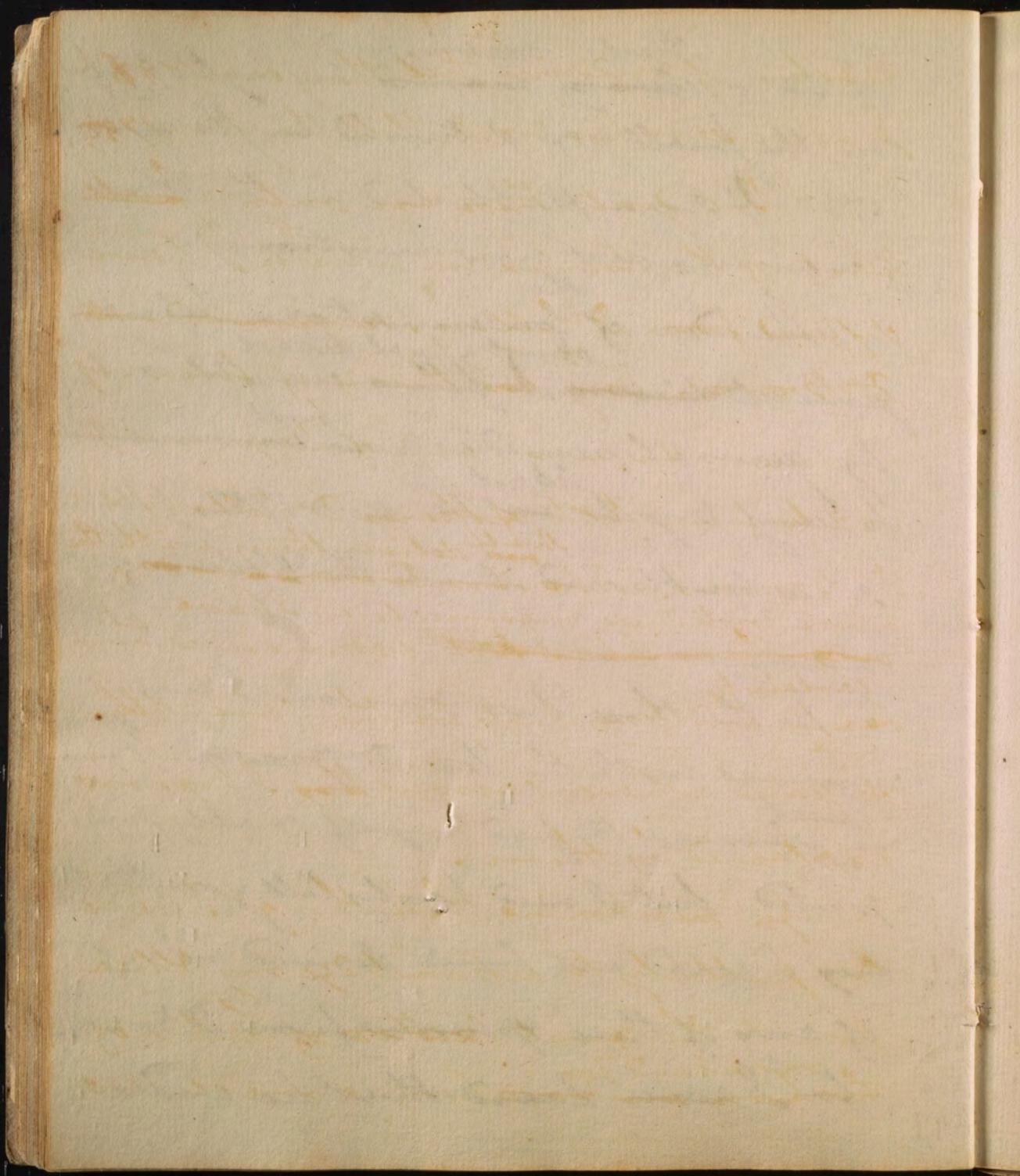


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kind is clearly marked in my lecture  
on the small pox delivered in the year  
1780 & since published in the Volume  
of enquiries just now mentioned. —

The idea of consumption being a  
~~general disease, & off~~<sup>not a local disease,</sup> being curable only  
by general remedies, <sup>first</sup> who communicate  
to my pupils <sup>About</sup> the year 1782, I have  
since published it in the Volume of  
enquiries. —

In the three last opinions I have  
coincided with the late Dr Brown. It gives  
me great pleasure to find myself so ably sup-  
ported, but I need hardly tell you that  
they I could not have derived a hint  
of any of these opinions from Dr Brown,  
for I never heard that he was a

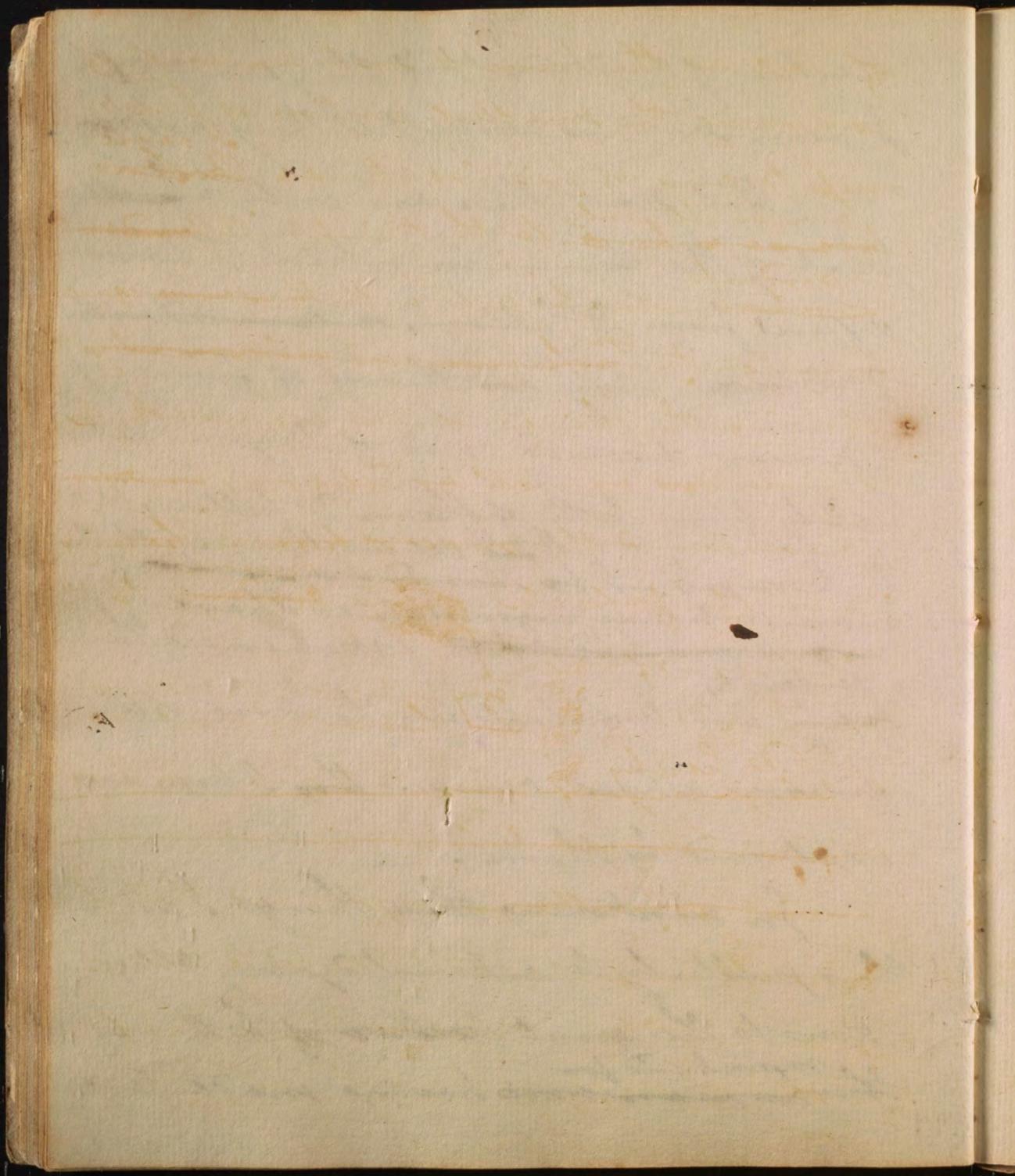


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teacher of medicine till the year 1786,  
I never saw his works till the year 1789.

But Gent: these are only ~~a few~~ parts of the theories in which I have  
differed from Dr. Cullen, ~~and~~ coincided with  
Dr. Brown's. My new theory of fevers - of  
- nervous diseases - and of Dyspepsia differ  
widely from both of them Dr. Cullen's &  
Dr. Brown's. <sup>I shall deliver them with the</sup> ~~and~~ I ~~should be afraid to~~  
~~more confidence inasmuch as I have~~  
~~very ~~hardly~~ ~~not~~ experienced them~~  
certainty  
~~Safety~~ and usefulness, in the cure of the  
diseases whose causes they I hope are  
explained by them.

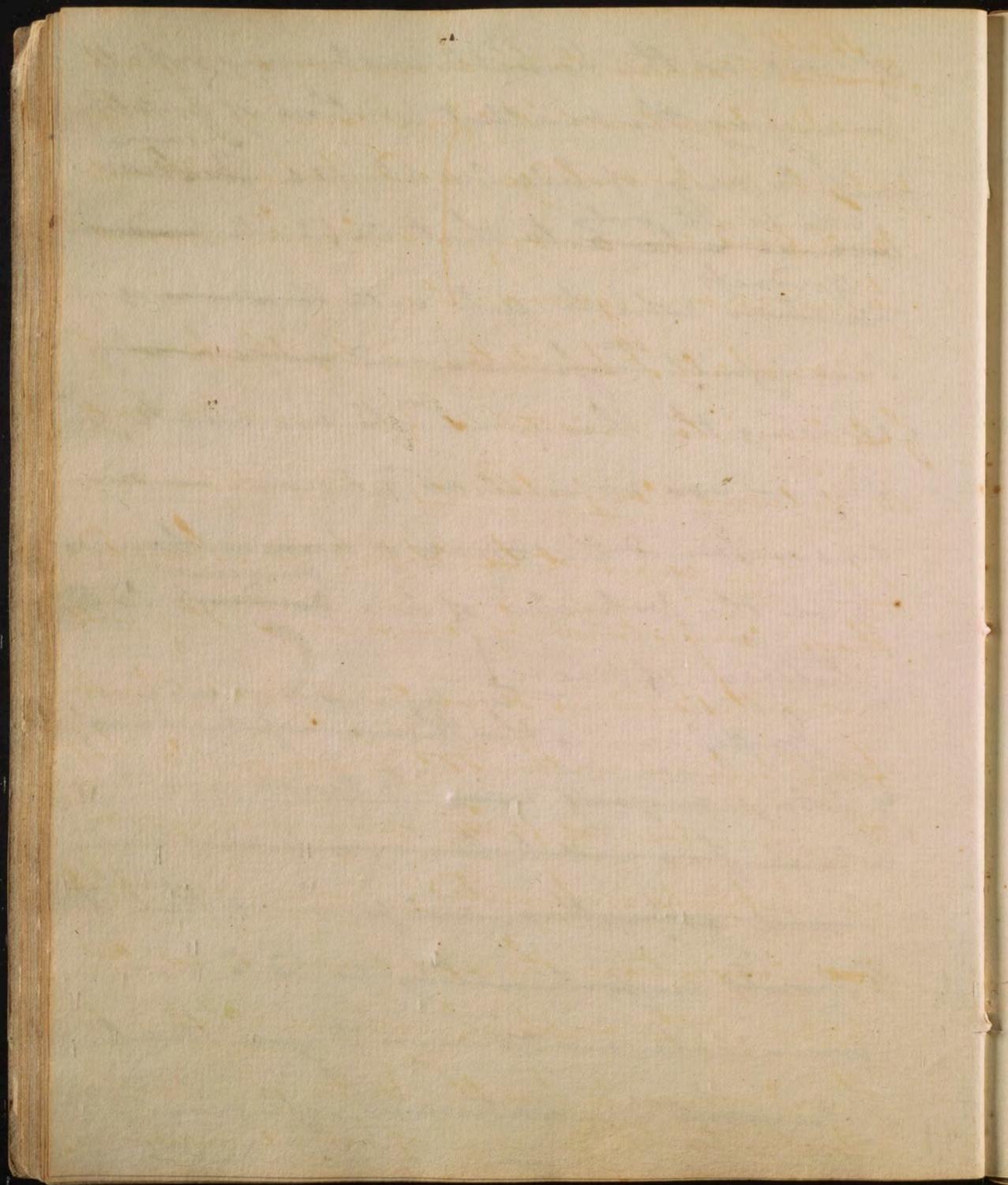
In mentioning these things, I desire  
thus publicly to acknowledge my Obliga-  
-tions to the great Father of Father of  
the mankind for ~~the~~ ~~man~~ having made use



33

of me as the humble instrument of  
conveying the smallest portion of happiness  
to any of his creatures. ~~I can~~  
~~describe it only~~ ~~because~~ ~~it relates~~ to that infinite ~~order~~  
~~of goodness~~  
~~creation~~ which acts with the same equal  
Sovereignty, ~~in~~ ~~in~~ ~~and~~ ~~by~~ choosing the things which are weak, in  
Science and as well as <sup>in</sup> religion, in order  
to confound the pride of human learning  
to be the vehicles of his <sup>mercies</sup> ~~goods~~ to the  
children of men.

In delivering ~~the theories of diseases~~  
~~do hereby~~  
~~I pledge myself never to teach anything~~  
which I do not believe, or understand.  
I will go further, and promise that if  
I should unfortunately be led to com-  
municate an opinion to you that  
Subsequent Observations or reflexion



34

Shall ~~I~~ discourse to be erroneous, I shall  
publicly retract it; for I consider truth  
only to be knowledge, and that an attempt  
to defend an error, is only labouring  
to be more ignorant. —

Nor shall I be deterred by the fear of  
falling into mistakes from venturing  
to deliver conjectures, where demons-  
stration cannot be obtained. Should  
these conjectures be erroneous, they will  
notwithstanding serve the cause of truth,  
for I believe with Mr Fontenelle that  
the number of false opinions upon  
all subjects is limited. Every unsuccessful  
conjecture therefore removes a  
part of the rubbish which obstructs  
the avenue to truth, & thereby contribu-  
-utes to the success of future inquiries.

V  
much less shall I

~~now shall I~~ be deterred  
from mentioning facts when I  
cannot explain the causes of them.

It was <sup>by</sup> collecting & publishing  
solitary facts that Lord Bacon & M Boyle  
laid the foundation of most of our  
systems of philosophy. — simple  
truths upon all subjects seem to possess  
a species of elective Attraction for  
each other — and in order to examine  
this power it is necessary they should  
be but in contact — and this can  
be only be effected by their being  
made so publick as to excite further  
Attention & Observation. — It is in

35

As moral Good is known to mortals  
only thro' the medium of moral evil, so  
perhaps truth can be discovered by them  
only thro' the medium of ~~error~~ error. ✓

much yet remains to be known  
in Medicine. — ~~I suspect~~ as there is an  
immense descent of what is called terra  
incognita in the human mind yet to  
be explored and described, so I suspect there

are many laws and principles in  
the human body yet to be ~~as~~ discovered.

— One thing is certain — that all our  
systems of Physic will <sup>necessarily</sup> be imperfect  
while there exists a single disease which,  
we do not know, or cannot cure. ~~it~~

But let <sup>not</sup> it be discouraged by the  
present limits of our knowledge in

this way that Dr Black & Dr Priestly  
have laid the foundation for most  
of the modern theories in Chemistry.

✓ The circulation of the <sup>component parts</sup> and ~~composition~~  
of the blood - the extent & uses of the <sup>liverwise</sup> ~~processes~~ are no longer  
mysteries in the ~~our~~ systems of Physiology.  
much light has ~~totally~~ <sup>liverwise</sup> been thrown  
upon the doctrines of Digestion - Chyle-  
ction - Respiration & generation from  
the mass of inquiries upon these difficult  
subjects - may we not hope that  
the time is not very distant when  
the veil shall be removed from the  
operations of the brain <sup>from</sup>, & the nervous  
system, and <sup>by</sup> the ~~obtruse~~ <sup>a</sup> operations

Physic; on the contrary, let us recollect  
 of the ~~shameful~~ operations of the animal  
 economy we now know to us  
~~which~~ which a few years ago eluded  
<sup>our</sup> investigation. The former fever  
 and the small pox have ceased to be  
 mortal disorders. The last of them,  
 according to Dr Whyley used to carry off  $\frac{1}{10}$   
 of the human race before the discovery  
 of inoculation. In the Firth of the Forth  
 near Edinburgh there is to be seen from  
 the town of Leith, a small island on  
 which persons infected with the Venereal  
 disease were doomed to perish as in-  
 curable, in a state of exile from their  
 friends and society. That disgraceful  
 disease has long ago ceased to be a  
 branch of Medicine, and for the honor

of human & animal life. Let us  
recollect further how many diseases  
now yield to our Art which a few  
years ago resisted the powers of medicine.  
Turn back to p: 36. The interm' fever.

~~Now~~ is this all. Death has been  
despised by his wide avenue to human  
~~life~~ <sup>by means of</sup> ~~and~~ in the yellow fever. This  
disease when properly treated is now  
as much under the management  
of Art as the measles or influenza.

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of the Christian spirit of the present age,  
the persons infected with it are included  
among the objects of charity and benevo-  
lence. But medicine has done more  
than this; — by the modern institutions  
of humane societies it has encroached  
upon the territories of death. Near 1300  
persons apparently dead have been resusci-  
tated to life by the humane society of  
London in the course of ~~the last~~ 13 years.

Many other diseases might be mentioned  
which have ceased to be incurable, &  
of those which we are unable to cure,  
there is scarcely one which medicine  
is not able to palliate, & thereby to  
smooth the avenues of death.

~~The regulation for the government~~

v

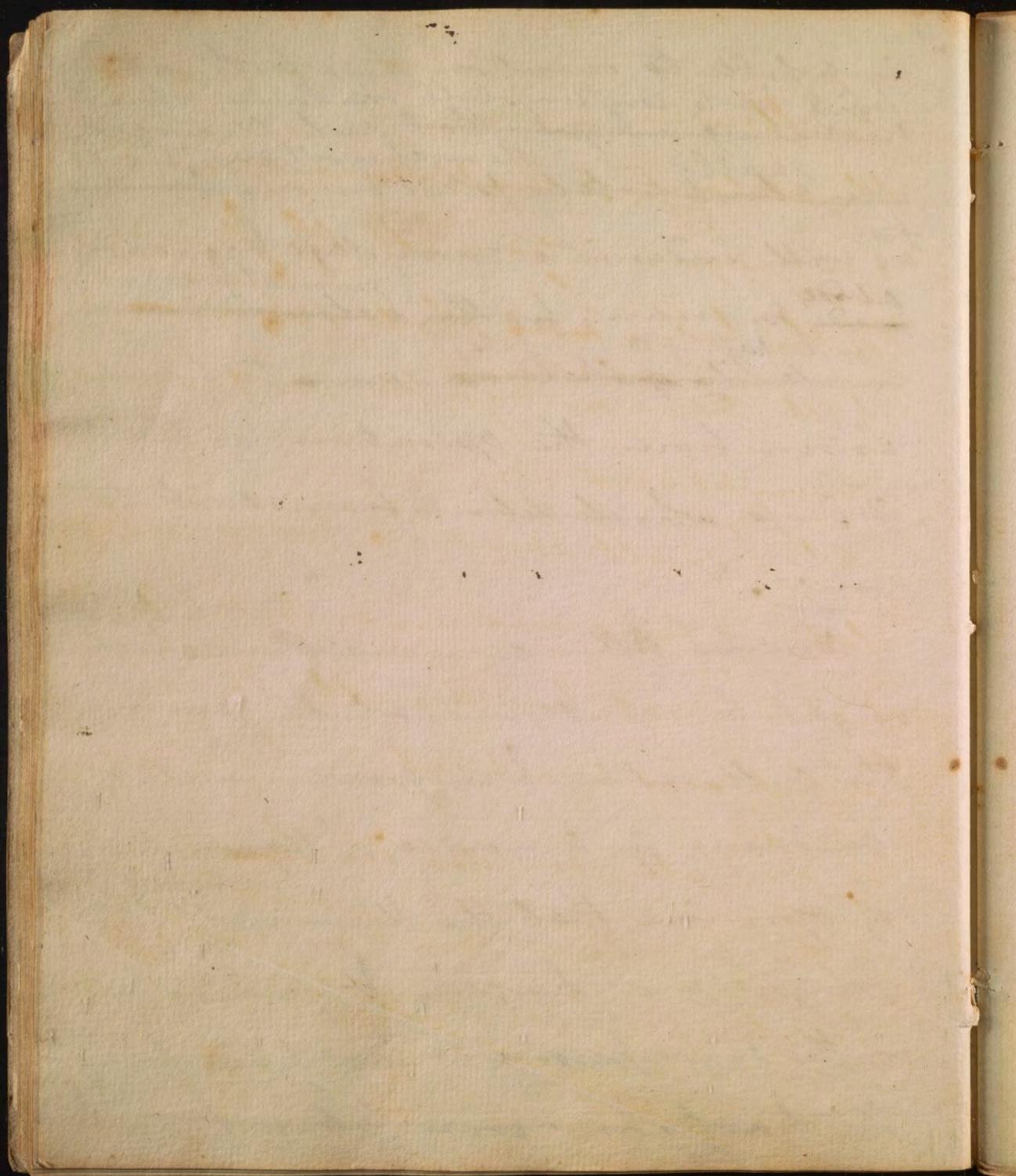
It is

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impossible to mention these facts without  
being led to contemplate the time when  
~~existing a ~~long~~, that such changes~~  
~~shall~~ <sup>the moral as well physical world</sup>  
~~are about to take place in our Country~~  
as will render it a more safe & agreeable  
~~abode~~ <sup>mortal</sup> for man; for the ~~extraordinary~~  
<sup>so distressing to mortals)</sup>  
~~mortality of all men~~ seems to have

arisen from the operations of that  
infinite <sup>Godhead</sup> which delivers from evils to  
men. ✓

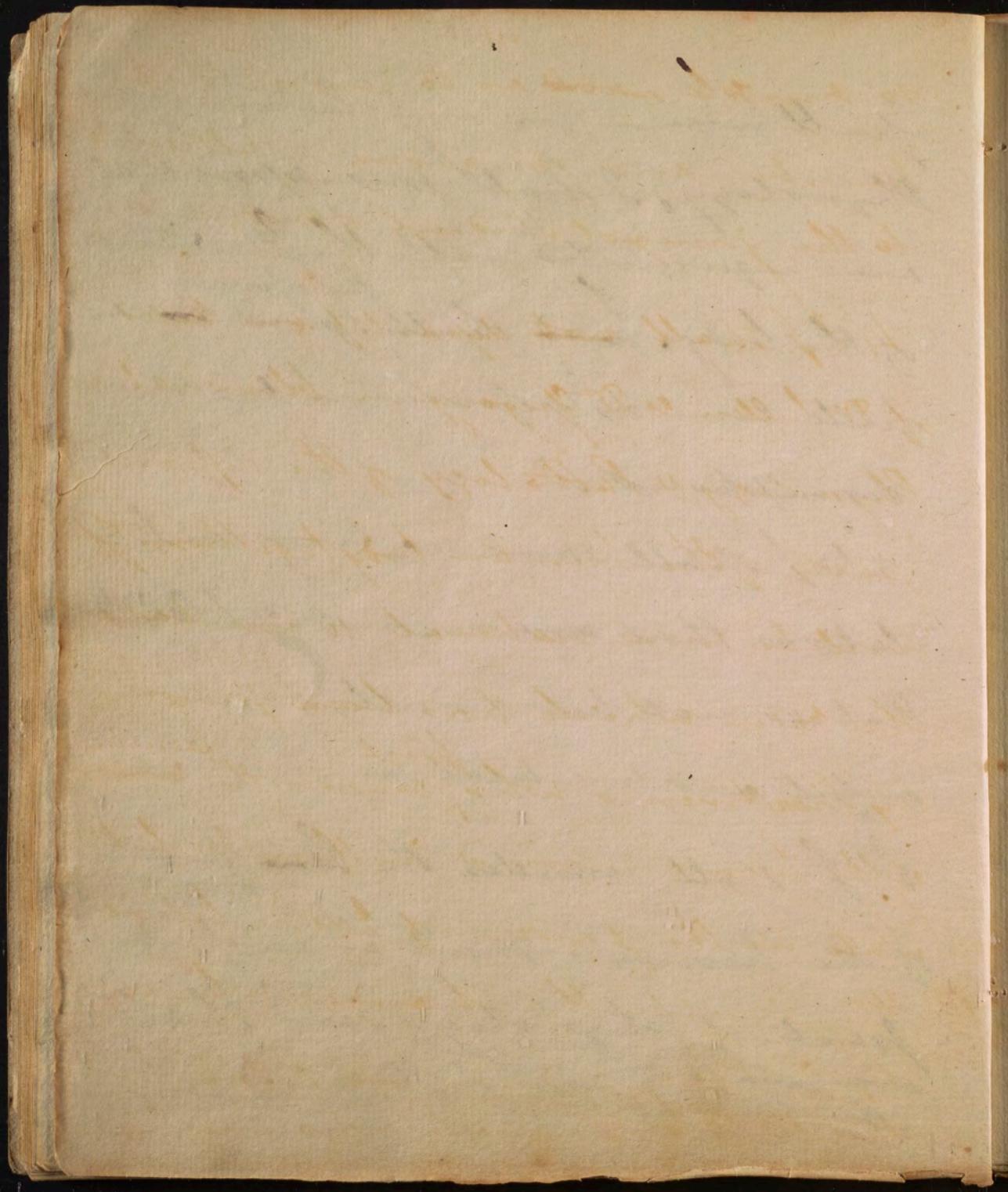
Among other circumstances ~~which~~ <sup>that</sup>  
might be mentioned, which favor  
the cultivation & improvement of  
medicine in America, I ~~hold~~ am  
of opinion that the union of the  
<sup>business of the</sup> physician - surgeon - apothecary  
in the same person is far from being  
the least, how ever laborious



Gentlemen - In my lectures upon Physiology, I shall presuppose that you are acquainted with the structure of the body, <sup>I</sup> and shall therefore spend <sup>as</sup> little time as possible in anatomical descriptions.

2<sup>ly</sup> I shall spend no time in speculations that are unprofitable, & that do not lead directly to what is useful and practical in medicine.

3<sup>ly</sup> I shall consider the ~~the~~ functions of the human mind as an essential part of physiology, and shall endeavor to describe each of them in a manner



41'

so simple ~~as~~ as to render their  
number and operations intelligible  
to the youngest student of medicine.

4<sup>th</sup>. I shall not depart from the order  
of Dr. Cullen & Dr. Gregory in blending the  
Physiology & Pathology of the different  
parts of the human body together. It  
will be more natural to imitate  
the order which has been pursued  
by those divines who, first, <sup>consider the faculties</sup>  
of the human mind in their perfect  
state in the garden of Eden, before  
they describe the changes which  
have been induced in them by  
the loss of primeval innocence. —

The Order in which I propose to consider the different subjects of Physiology as is set down in the syllabus which I shall immediately put into y<sup>r</sup> hands.  
After having finished the lectures on Physiology  
~~I shall~~ which will include the history of the body in its healthy state, I shall proceed to that <sup>2<sup>nd</sup></sup> part of the Institutes viz: which is called Pathology. The subjects of this part of our course are likewise set down in ~~the~~ syllabus.  
They begin with an account of a simple disease, and afterwards embrace all the acute - predisposing - occasional,

In like manner <sup>42</sup>  
I shall ~~therefore~~ first consider  
the human body in its healthy state,  
~~before~~ and afterwards proceed to  
mention the changes which have  
been produced in it by the action of  
diseases. <sup>unnoted & known</sup>  
those bays and thorns <sup>upon it</sup> which have  
originated in moral & natural vice.

~~For my the lectures upon Pathology~~  
I shall first consider the action of re-  
mote causes upon the ~~human~~ <sup>body</sup> body.  
These are what are improperly called  
the nonnaturals - They include all  
the sensible & insensible qualities of  
the Air - ~~so~~ contagious - poisons -

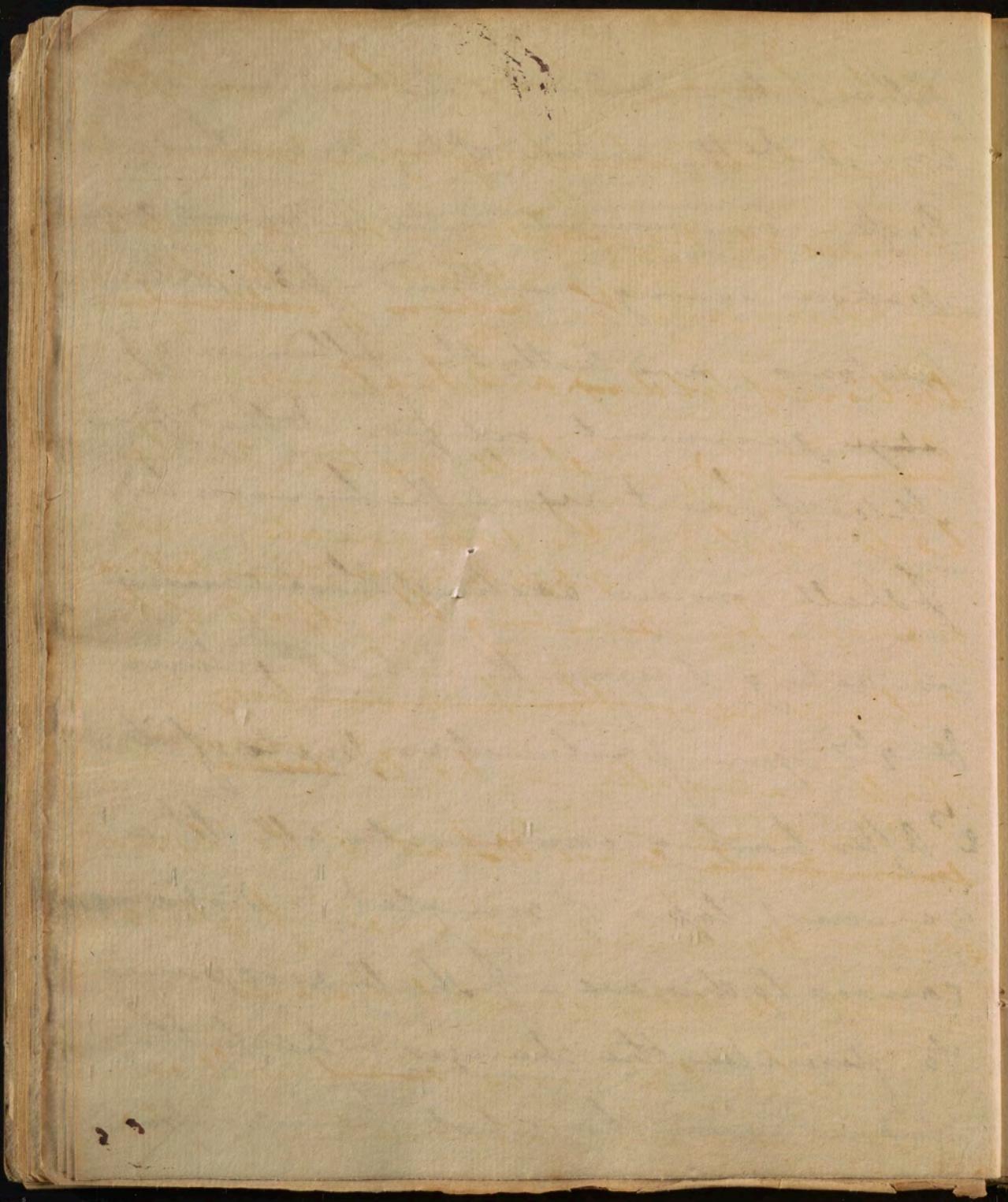
& proximate causes of diseases. Under  
this head, I shall introduce all my peculiar  
Opinions & principles in Medicine. The 2<sup>nd</sup>  
<sup>Diseases.</sup> part of the Pathology will include the history  
of the Signs and Symptoms of diseases. This

This syllabus gent: is very imperfect.  
~~I shall probably elaborate some instances~~  
from the arrangement of some of the  
~~old~~ ~~old~~ Signs such as it is I lay it before  
you. Time & future reflections I hope  
will supply its defects. —

Elements - Drunks - the passions of the mind & the action of the understanding -  
 Delights - Amusements - the different occu-  
 pations among mankind - adventurous  
 customs - and lastly the influence of  
 religion government - religion - & the different  
 States of Society upon the human body.

I shall consider each of these causes  
 as acting 1<sup>st</sup> upon the whole system,  
 & 2<sup>nd</sup> upon particular parts of it.

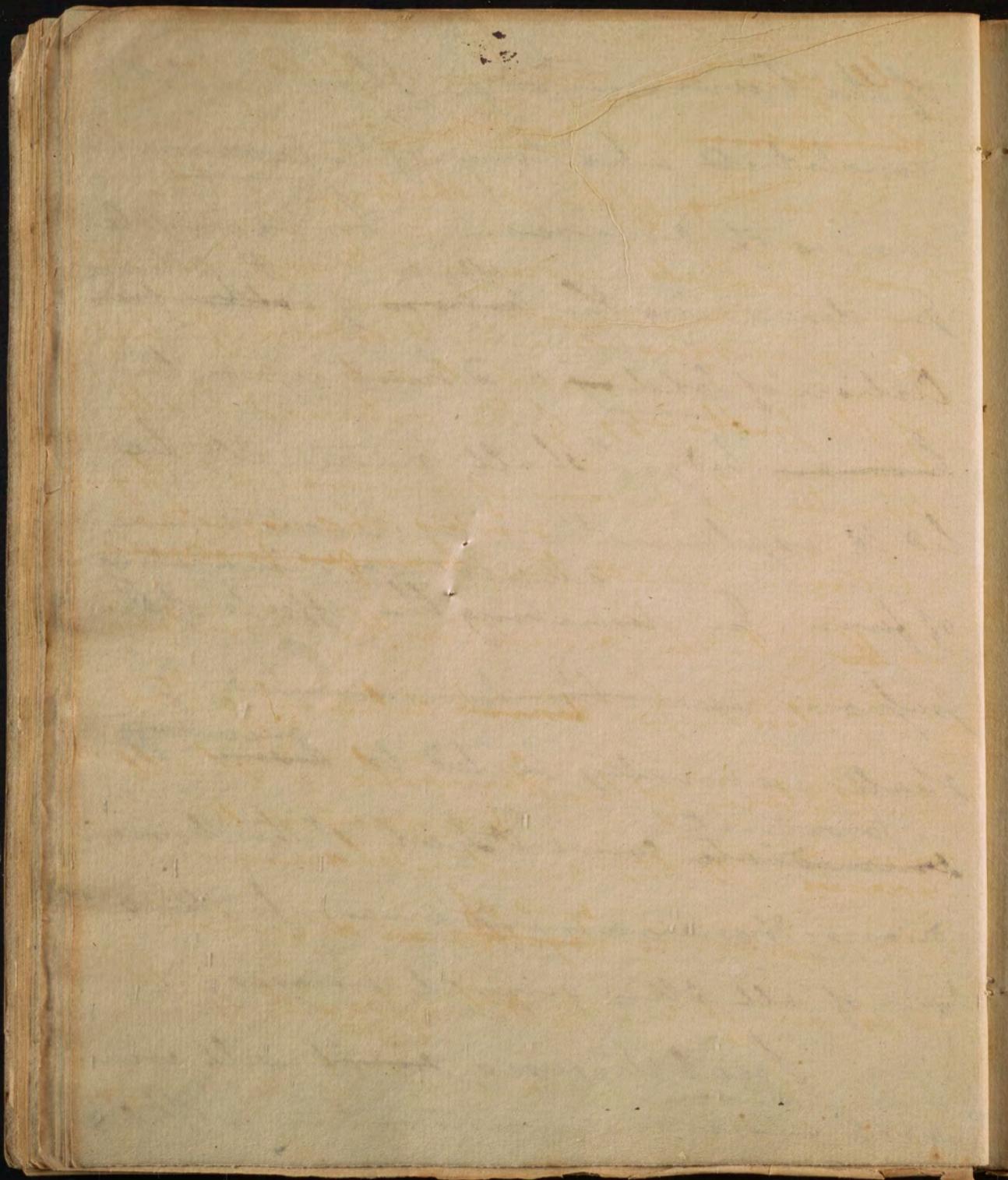
2<sup>nd</sup> After having enumerated all the  
 various Claps of remote & predisposing  
 causes to disease - I shall next proceed  
 to describe the changes which they  
 induce upon the whole, or upon parts



14

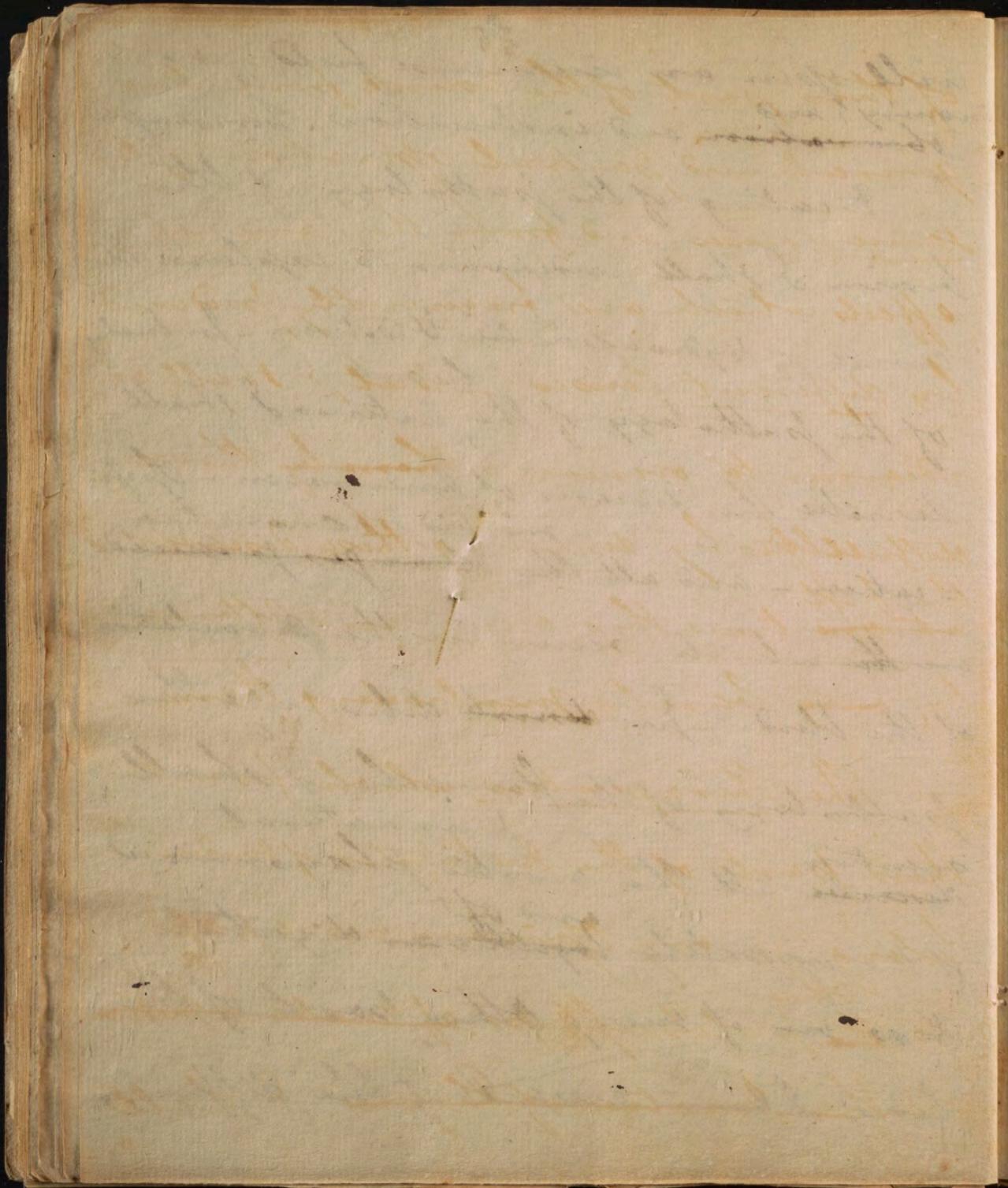
of the human body. This will constitute a history of the proximate causes of diseases. — For example In describing the <sup>effects</sup> ~~actions~~ <sup>the alternate</sup> actions of ~~cold~~ <sup>heat</sup> upon the human body, I shall naturally be led to explain the proximate cause of fever. In describing the effects of the vapors, ~~upon the human body~~ I shall naturally be led to discern the proximate immediate cause & seat of the Hypochondriasis - Hysteria - and madness & so on, of, all other general diseases. —

Local diseases shall will come next under our consideration. These



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will open an immense field for  
inquiry, and observation and instruction. For example.  
In treating of the pathology of the  
brain I shall endeavor to explain the  
cause of Hydrocephalus & Idiotism - In treating  
of the pathology of the heart -  
of the pathology of the arteries I shall  
describe the diseases of aneurism - Opifi-  
cation - and all the changes produced  
in the which occur in the circulation  
of the blood. - In describe delivering the  
pathology of the stomach - I shall  
mention & unnatural  
describes all the morbid phenomena  
of the appetite, <sup>and of</sup> together in digestion.  
So on of every other part of the  
body. I am aware of the difficulties



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of this part of the course from the general and partial operation of the same causes, and from the sameness of effects which are frequently produced by different causes. — But I shall endeavour to overcome them by these difficulties by describing these diseases <sup>the first</sup> at one time they occur, and afterwards by only barely mentioning them.

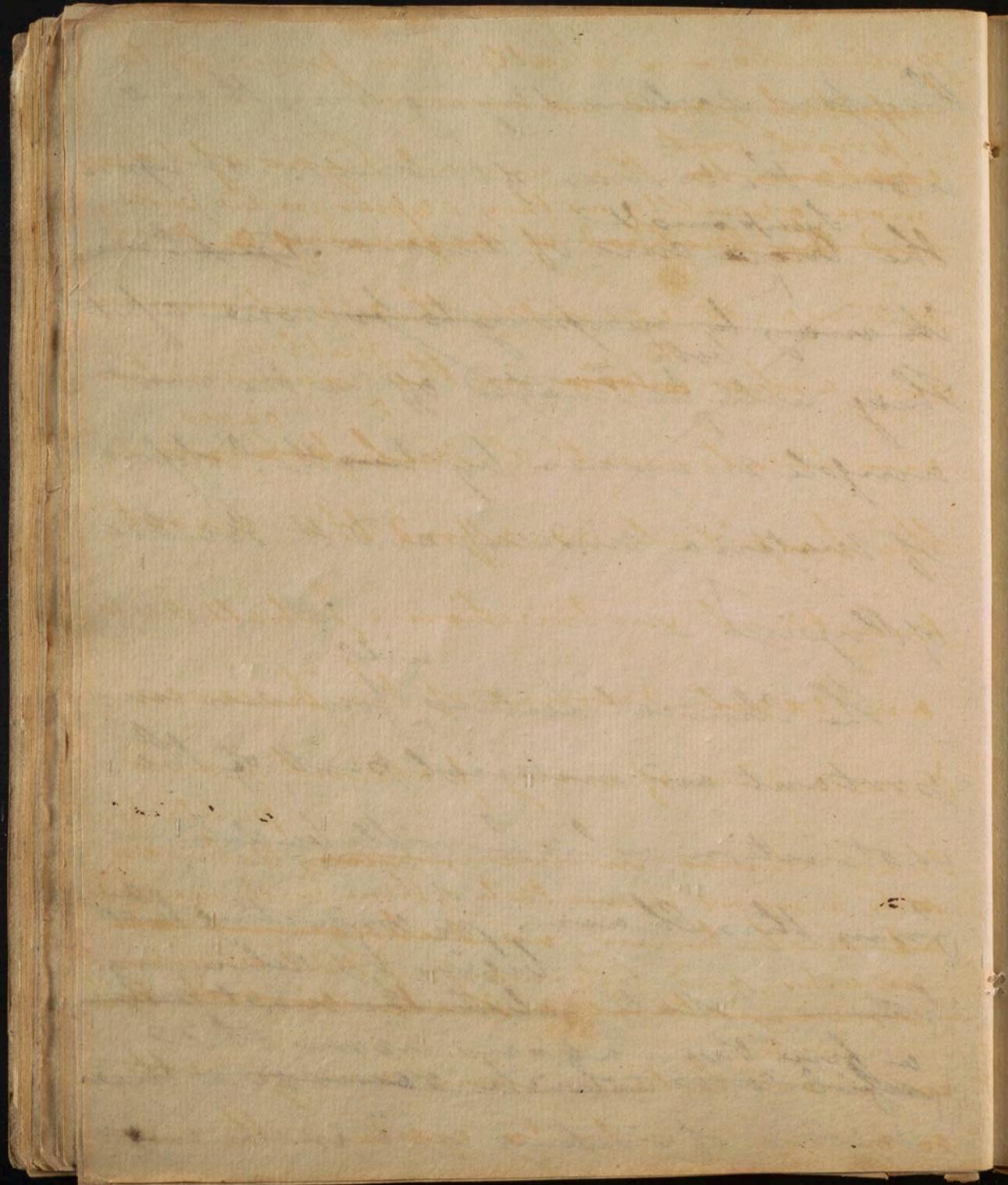
The Therapeutics which form the third part of the Institutes of Medicine, belong in my Opinion more properly to the professorships of <sup>Other</sup> Materia Medica, & the Practice of Physic. I shall



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therefore decline saying anything  
upon the virtues of medicines, or upon  
the symptoms &  
~~the~~ cure of diseases, ~~except when~~  
~~it may be necessary to know some about~~  
~~both~~  
They will be treated off in the most  
ample manner by two the Professors  
of materia medica, and the Practice  
of Physic. —

The Clinical Lectures, form an im-  
portant and material part of the  
instruction which will be delivered  
from this Chair. In conducting these  
lectures I shall <sup>begin by delivering</sup> select the most pro-  
a few observations upon the  
useful cases which ~~occur in their~~  
method of visiting and examining



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patients - I shall then proceed to  
hospital, and examine  
point out the usual signs of disease  
explain the usual signs of disease  
more especially as they appear in the pulse,  
and the method of acquiring ~~a~~ and  
afterwards exemplify these preliminary  
remarks upon <sup>the publick</sup> examination  
and treatment of such <sup>cases</sup> patients in  
the hospital as afford the most  
practical instruction. I shall keep  
an exact account of the diseases -  
& remedies of every patient, and  
I shall twice <sup>publickly</sup> or ~~in many ways~~ deliver,  
at such times, as ~~subsequent~~ <sup>consequent</sup> ~~cases~~  
remarks, and afterwards I shall deliver one  
~~or circumstances shall dictate, one~~  
one two or  
~~or more~~ lectures upon every case,  
so as not only to explain the case

✓ Here bring in Stahl, Boerhaave's  
theories &c

I am very sensible <sup>of the</sup> difficulty of the business before me ~~stand~~  
~~it is no opposition of humility which add that~~  
~~The Theory of so called Physic may be consider-~~  
~~I am unwilling to be task imposed upon it.~~  
~~as the foolish hope among the Propon-~~  
-ships of Medicine. But it must be ex-  
-ecuted undertaken by some body, ~~for it is~~  
~~too only impossible to enter into the fabric~~  
~~of a regular system of practice, unless a branch~~  
~~be made in it by theories of some kind. It~~  
~~would be some consolation to those persons~~  
~~who are destined to these dangerous enter-~~  
-prises, could they look forward to a moderate  
share of the ~~success~~ benefits which attend them when  
they prove successful - but this is so far from  
the case that they generally perish in the  
gaps which they have opened, or while  
the very ~~persons~~ who <sup>have</sup> condemned ~~or reprobated~~ their  
~~temerity~~ <sup>them</sup> standings step over, and enjoy the triumphs

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lest the disease <sup>49</sup> liberate and which  
the patient shall labour. To render this  
part of my course as completed  
as useful as possible the managers  
of the hospital have kindly offered  
the University the exclusive use  
of a room to be called the Clinical  
Ward, where all the clinical pa-  
tients will be collected, and where they  
will be examined in the presence  
of those Gentlemen only who pro-  
pose to attend the Clinical lectures.  
The patients, and prescriptions  
will be ~~open~~ <sup>every</sup> ~~open~~ <sup>at</sup> all other times to ~~all~~

which have been acquired for them.—

I enter upon it relying on <sup>the good</sup> ~~your~~ ~~good~~ ~~advice~~ ~~you~~ ~~will~~ ~~not~~ ~~desist~~  
~~I have set~~ ~~out~~ ~~against~~  
~~(under all those discouragements)~~

I shall not however ~~ever~~ delay  
in my labors to discover & establish  
just ~~such~~ principles in the subjects before  
us as will ~~useful~~. Should I fail in  
my this arduous undertaking, I shall

still ~~still~~ ~~still~~ maintain the ~~merit~~  
~~advantages~~ ~~that~~ ~~of theory in medicine.~~

- It is - like ~~the~~ <sup>J. Woodsey's.</sup> road to ho-  
is the ~~only~~  
- mor - <sup>in medicine</sup> "sure and safe one" - to suc-  
- cessful practice, - Altho' I should be  
forced to add, in the words of the same  
unfortunate proclate, - that "your master  
missed it!" —

The end.

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the Students who attend the practice  
of the Pennsylvania hospital. To the  
~~Two hours all the Friday~~

I shall conclude this course,  
of lectures by delivering some ~~some~~ <sup>Illustrative</sup> lec-  
tures which are intended as first  
lectures upon <sup>by applying</sup> the application of the  
principles of medicine to explain cer-  
tain passages of the Old & New Testament,  
and by a short account of the  
epidemic diseases of every month <sup>to</sup>  
of the present year from the 1<sup>st</sup> of  
January to 1791.]

These gentlemen I intended to  
have concluded my introductory  
lecture, but I omitted upon receiving

If my this attempt the  
may fall

what I have delivered, I am forced to  
 detain you a few minutes longer  
 while I declare without any affectation of modesty  
~~which I assure you that~~  
~~you know not~~  
 that I am as yet <sup>very</sup> ~~but~~ unprepared to teach a com-  
 plete course of Physiology & Pathology,  
 & I have publicly taken without  
 any affectation of modesty, that I  
 am as yet unqualified for the order.  
 And that I suspect, a misapplied  
~~as teacher~~ ~~but~~ confidence  
 to facilitate the Union of the Med School &  
 in my zeal to advance the interests  
 of Medicine, rather than a just estima-  
 tion of my talents has led me to  
~~the~~ undertake <sup>the</sup> arduous task.  
 It is now nearly above  
 20 years since I have. It would require  
 as many years as I have had weeks

go to p: opposite 50, & conclude  
with it.

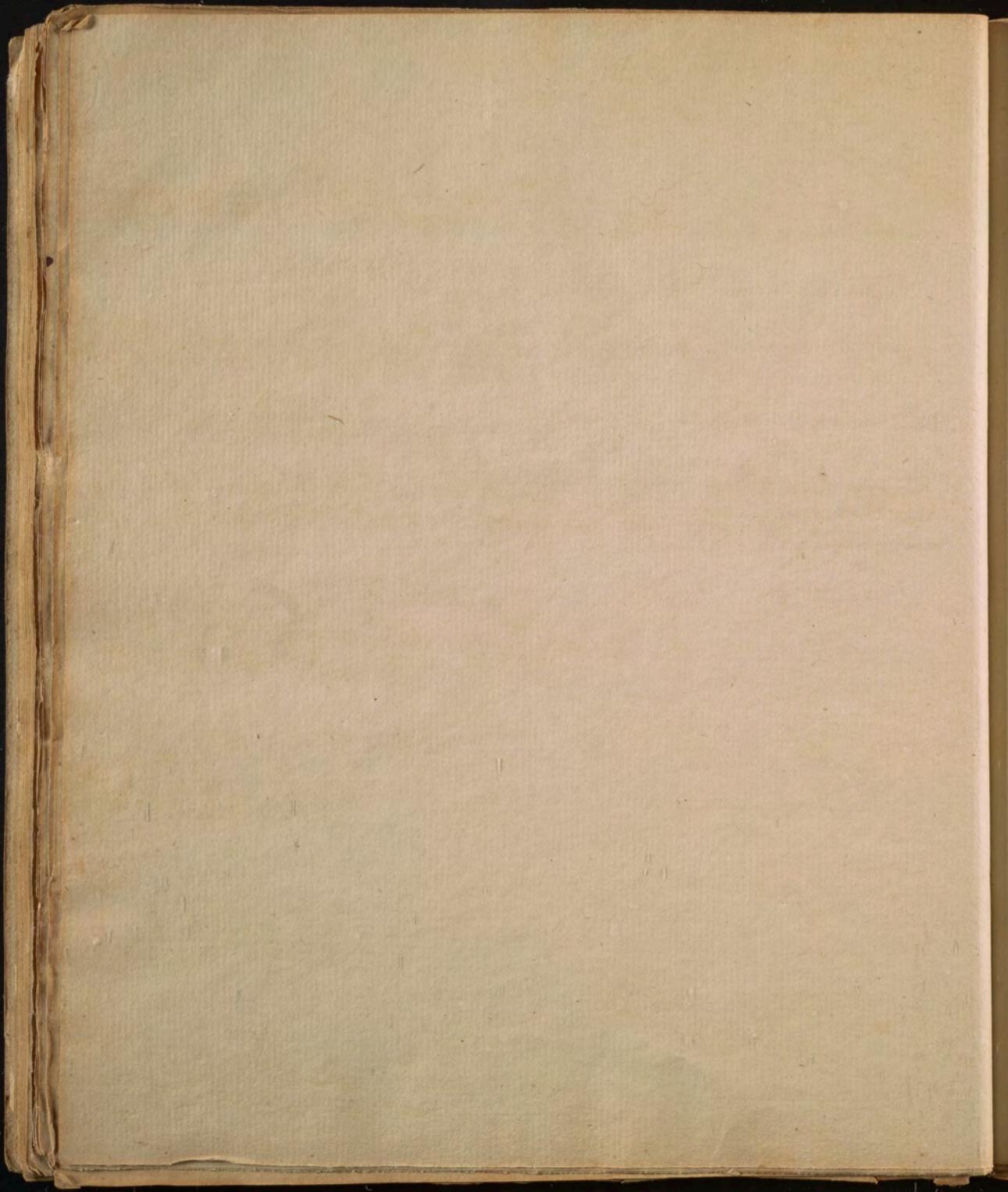
V. I am aware therefore that I risk  
very little all by the present undertaking.  
— If I fail in executing it, I hope I shall  
be indulged in one claim upon the  
public — and that is — the humble  
merit of having sacrificed to <sup>how much</sup> union  
of the medical schools, & the advancement  
of the interests of medicine, my own  
reputation. —

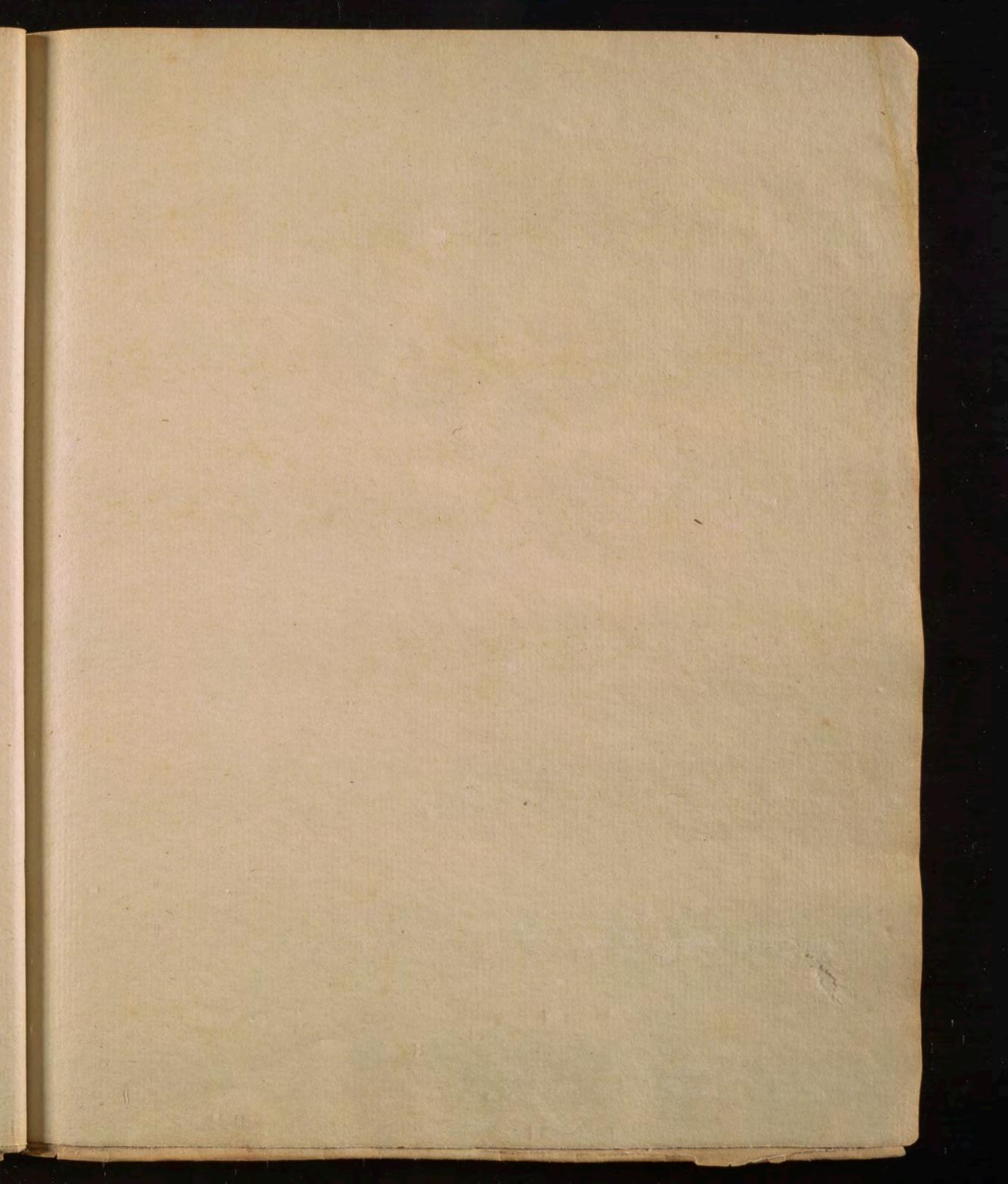
allotted me, to revise, to collect - to  
arrange, and to add to my stock  
of knowledge upon <sup>these</sup> Physiological  
Subjects. ~~I~~ <sup>therefore</sup> am  
aware ~~now~~ <sup>how much</sup> I risk by my  
present undertaking, ~~but~~ <sup>and</sup> if I  
fail ~~I shall~~ <sup>in executing it,</sup> I have only  
to request that I may be indulged  
in claiming the <sup>humble</sup> merit of having  
sacrificed to the Union of the medi-  
-cal Schools, and the advancement  
of the interests of Science, - my  
own reputation

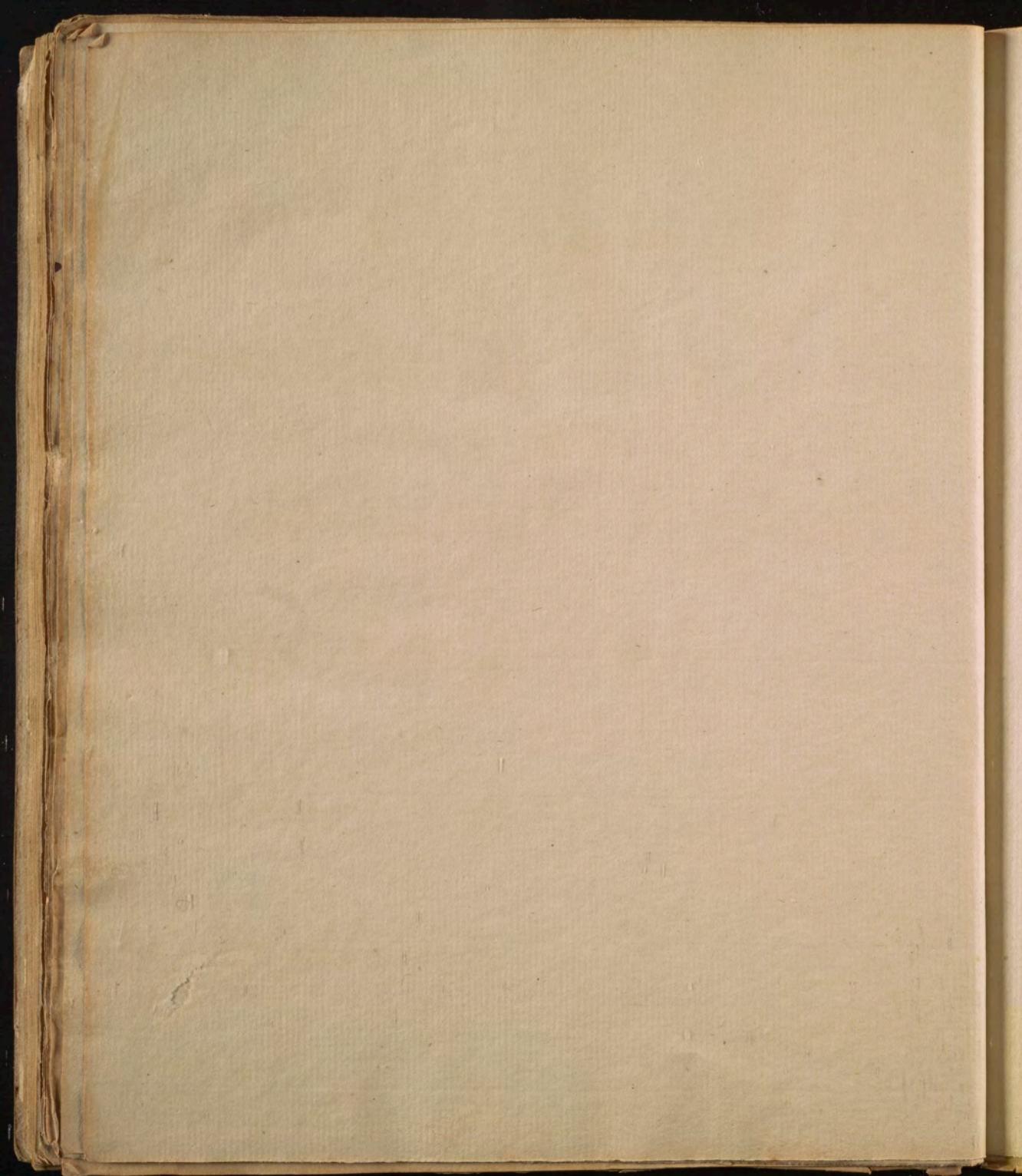
The Introductory Lecture to the Clinical  
Course (which will be public) will be  
delivered in this room -

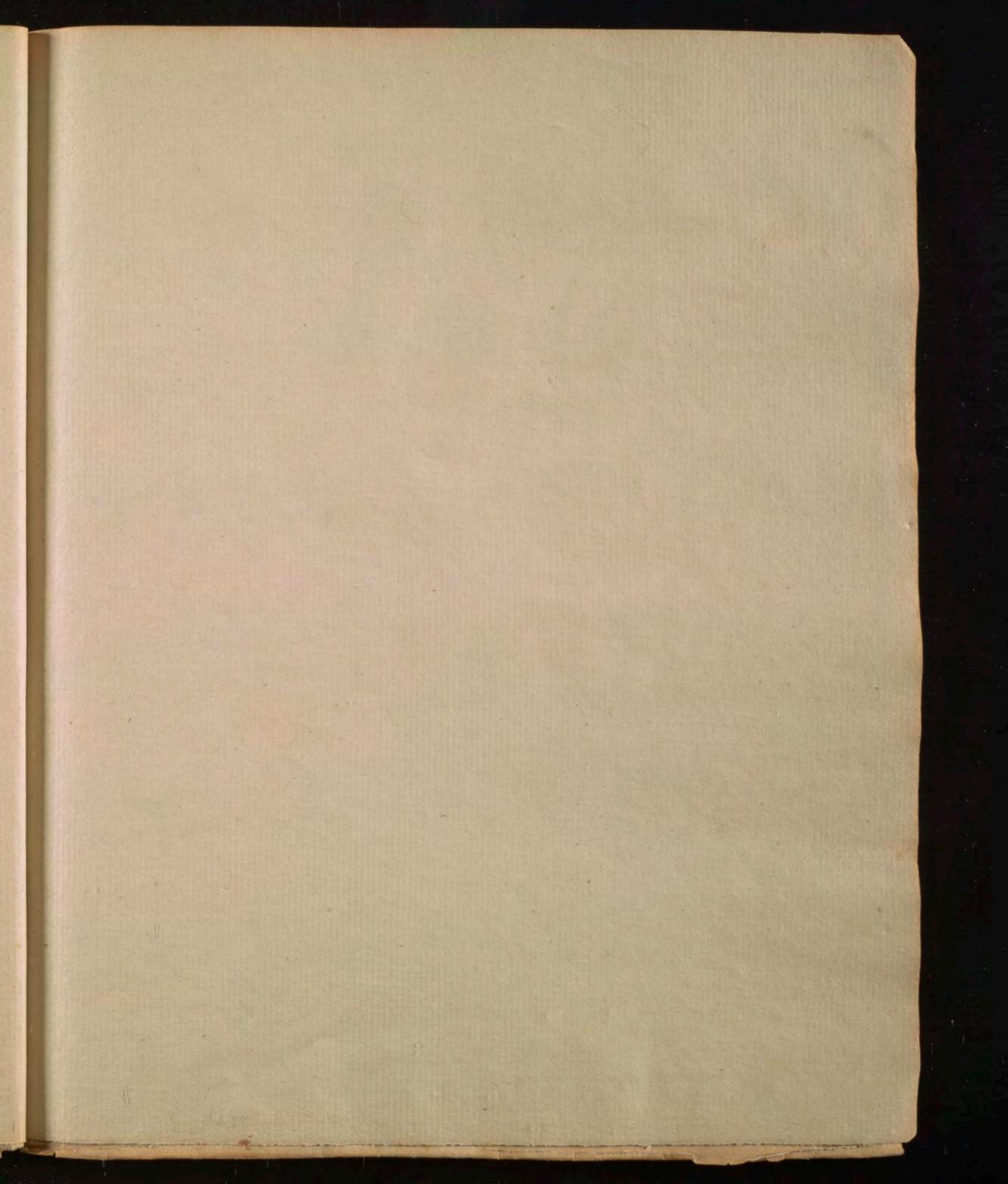
for with just principles it is no more  
useful for a physician to see all the  
parts of the body before he prescribes  
for <sup>any</sup> than it is for a mariner to  
know <sup>the</sup> ~~use of his quadrant~~<sup>principles</sup> to  
all the parts <sup>in order to</sup> visit ~~any~~<sup>part</sup> of the world <sup>before he</sup>  
~~arrange~~<sup>in safety</sup> ~~conduct~~ his vessel to them.

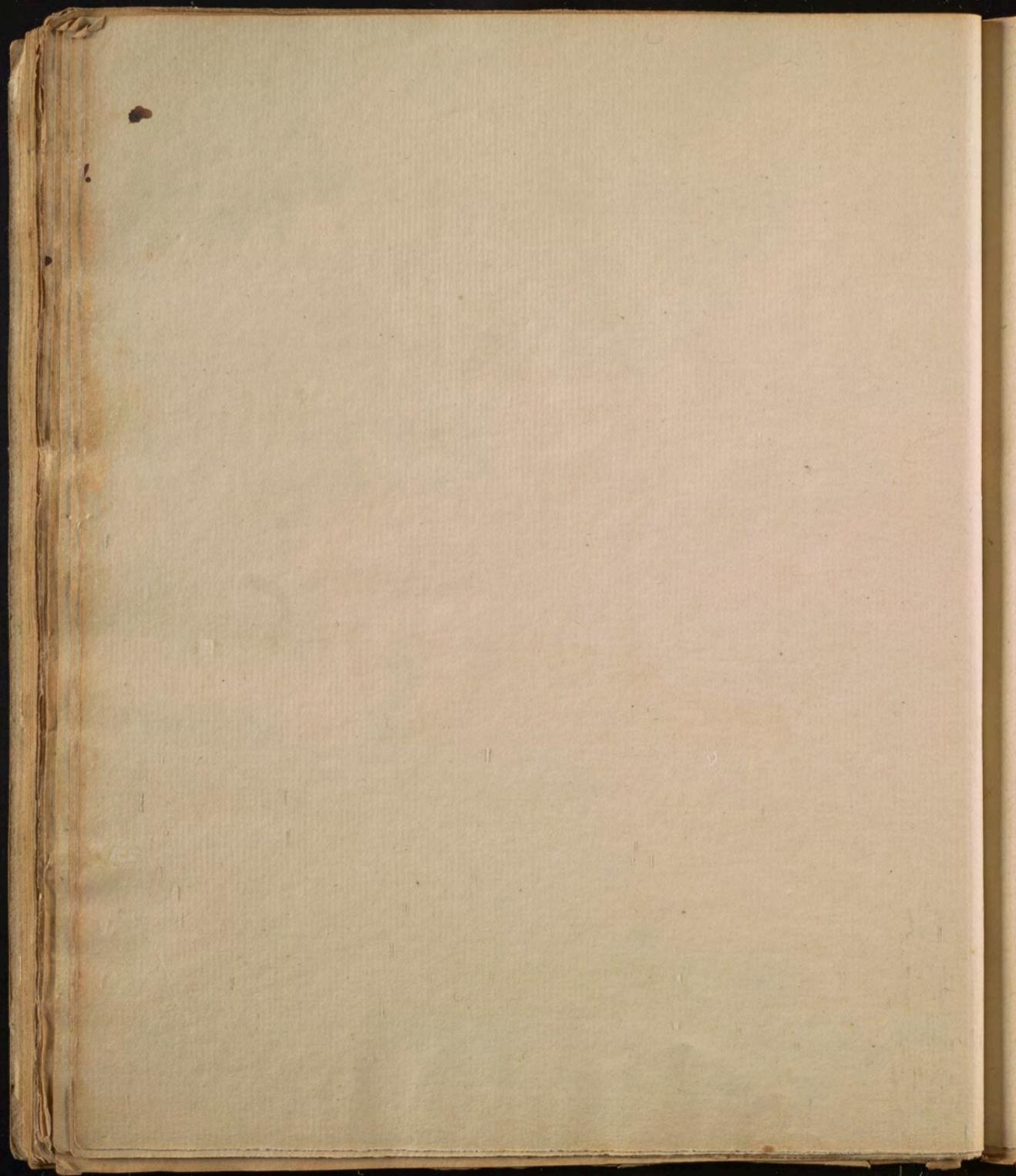
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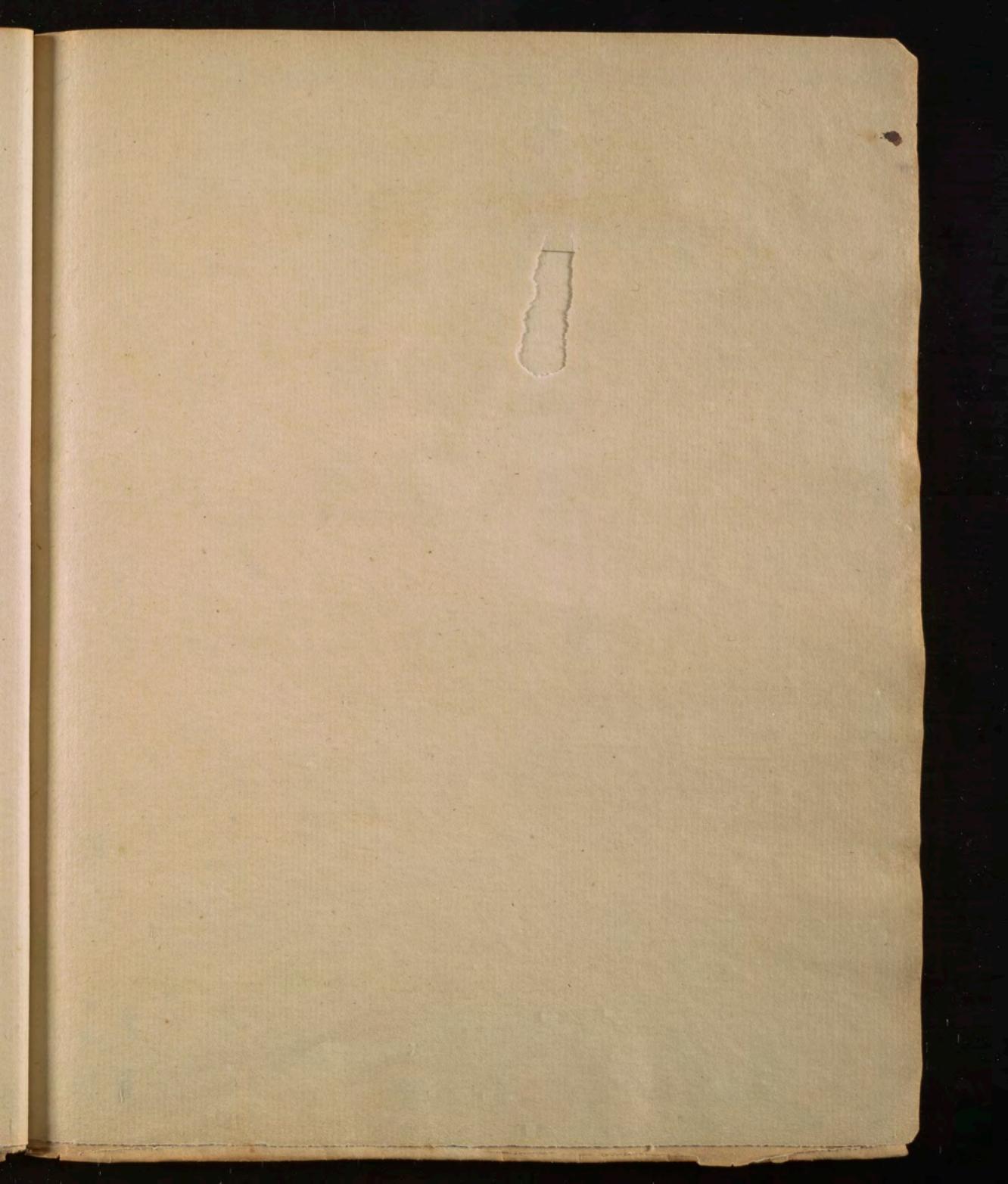




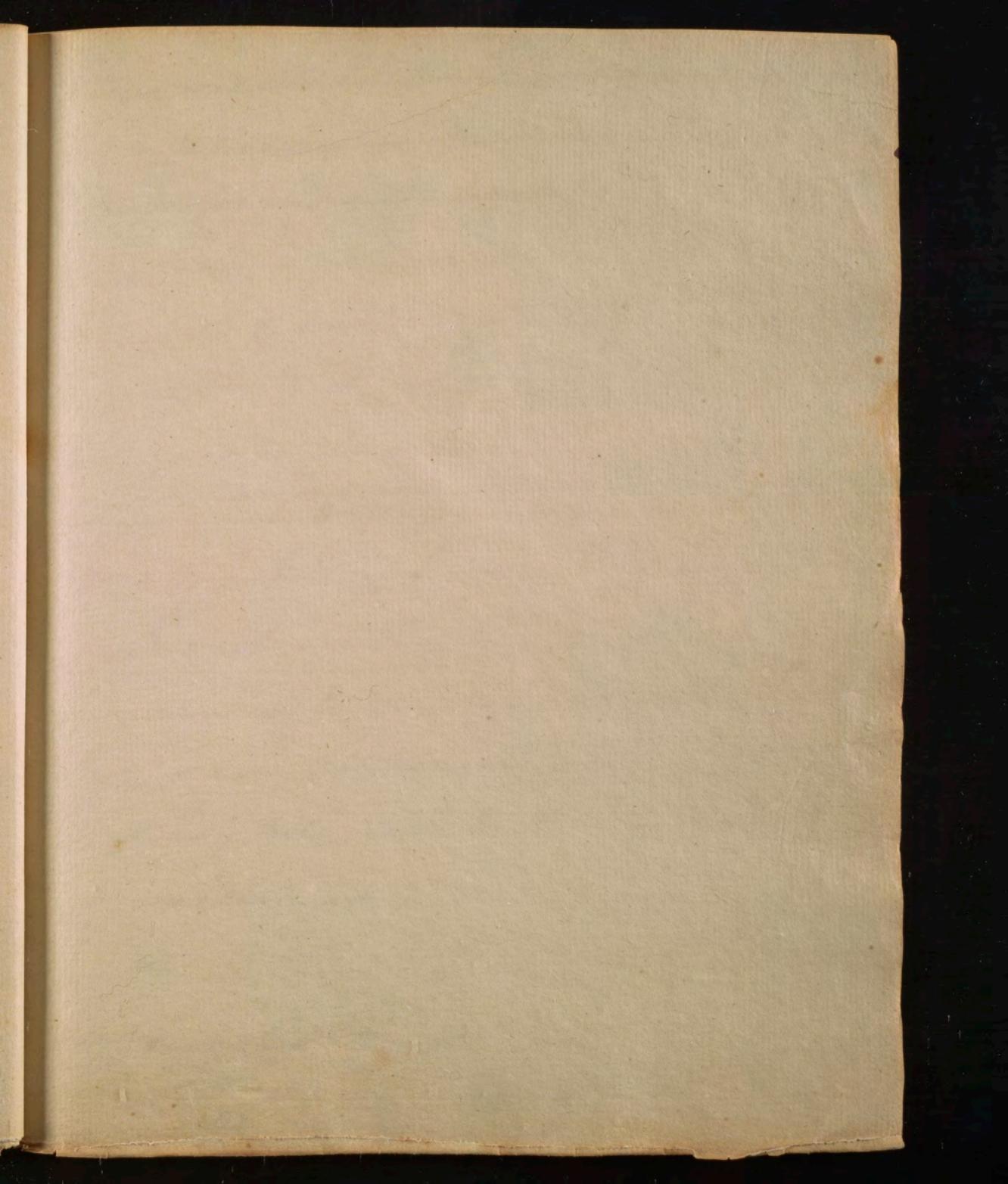


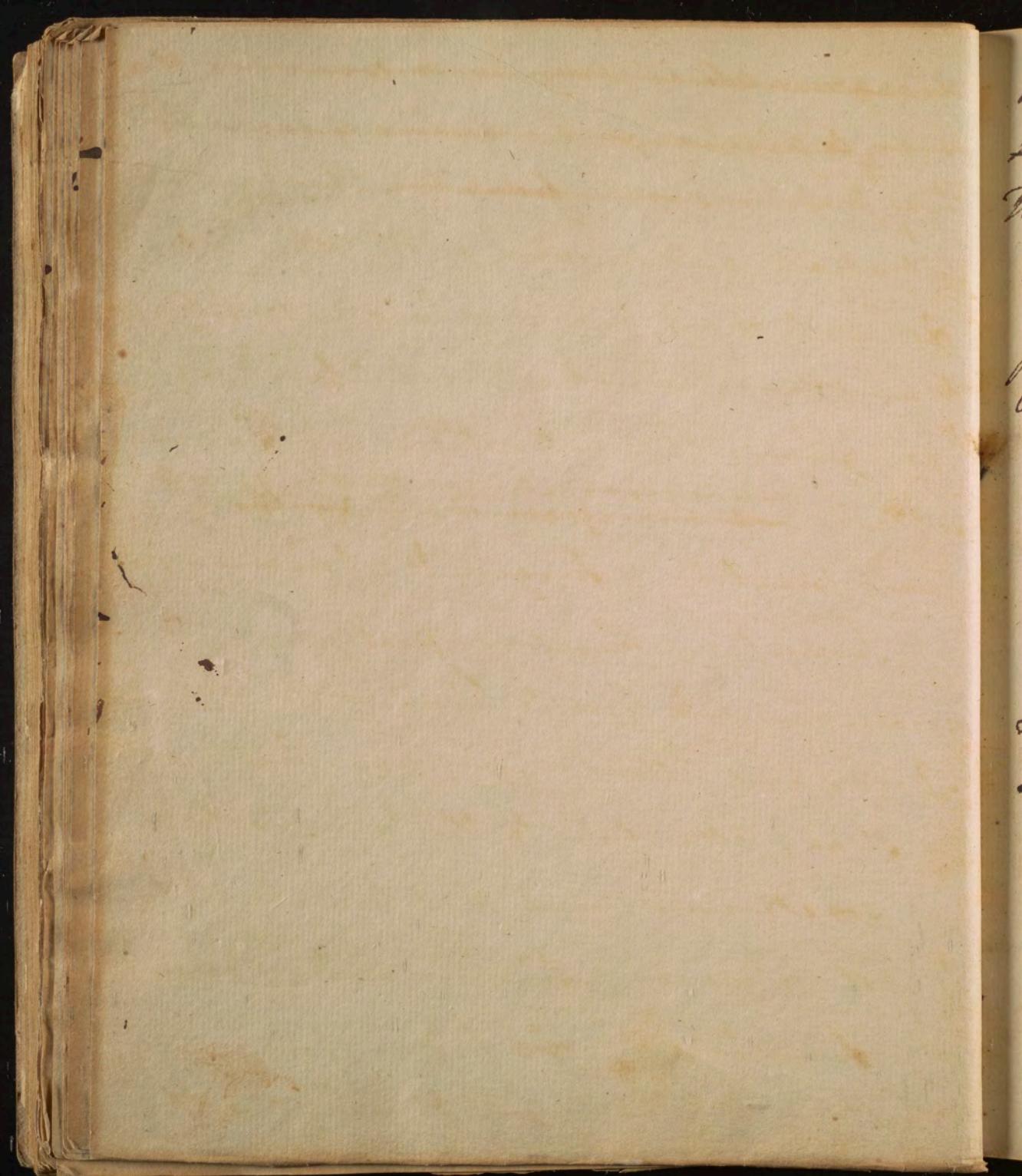












disagreeable it may be to combine them  
 so as to discharge the duties of each of  
 these professions with fidelity. They mutually  
 illustrate and support each other, & Cr  
 General of an Army who is not a Soldier  
 & an Officer, is not a more absurd, and  
 dangerous character than a physician  
 who is ~~unacquainted~~ <sup>unacquainted</sup> with the principles  
 and practice of Surgery & Pharmacy.

Permit me therefore Gentlemen to  
 recommend to you to blend with your  
 studies and attendance upon lectures,  
 a steady attention to the composition  
 of medicines, and that familiarity  
 with diseases which is only be acquired  
 by handling the fee bodies of sick people.  
 Trotter - Gill - Watson - Hinch, & Cullen

V A man thus educated in medicine  
has been very happily relieved by being  
represented as prescribing purges for the  
first - Tonics for the second - bleeding  
for the third, and blistering for the  
fourth wards in a hospital - also by  
reciting a report of the state of his  
patients pulse at a distance from his  
bedside by means of a journeyman known  
by the name of a Pulsifiler.

41.

all laid the foundation of their know-  
ledge & fame by performing for many  
years the common ~~duties~~ <sup>duties</sup> of apprentices  
in Apothecaries & Shops. — I have witnessed  
the conduct, and attended to the fortunes  
of many gentlemen who pursued a  
contrary line of ~~conduct~~ <sup>conduct</sup> ~~London and India~~: and  
have never ~~seen~~ <sup>heard of</sup> one of them that who  
has risen to great eminence in physi<sup>v</sup>.  
A student of medicine & a patient, like  
birds in Chemical Attraction must be  
in contact before they can benefit each  
other, and a young man does not act  
more absurdly who tries to learn <sup>to</sup> the art  
of swimming, by <sup>reading an</sup> ~~concentrating~~ <sup>that part,</sup> ~~on~~ <sup>to</sup> ~~swimming~~  
laying upon it without going into the  
water, than a ~~first~~ medical student

~~V~~ a man thus educated in medicine,  
has been very happily succeeded by ~~man~~  
~~being being represented as prescribing~~  
~~the first~~  
~~venoms for one ward - and purges for~~  
~~the bleeding for the third~~  
~~- second - and fritters for the fourth~~  
~~ward~~  
in a hospital - also by receiving a  
report of his patients ~~bedside~~  
~~the state of pulse at a distance~~  
~~from his patients bedside~~  
of a journeyman - known by the name  
of Pulseuler.

does, who expects to become a physician  
 by spreading books without <sup>a frequent</sup> ~~any~~  
 close, and intimate connexion with  
 sick people. It is indispensably <sup>necessary</sup> for a  
~~young man to~~ <sup>to meet</sup> ~~the person who does not in~~  
~~enjoy life~~ <sup>down</sup> in his youth  
 with which we naturally enter the  
 abodes of pain & distress; ~~will generally~~  
~~feel more or less of it in every subsequent~~  
 period of his life. He will ~~proceed from one~~  
~~degree of distance and neglect to another~~  
~~still at last he will~~ ~~refuse to sit by~~  
~~his patients bed side~~  
~~in these cases he will~~ ~~not~~ ~~repose~~ - He will if  
~~he should become~~  
~~a hospital physician~~ commit a morte,  
 and purge a tenth ward - and to con-  
 clude his career of medical pride &  
 negligence, he will employ a perfumer  
 who shall report to him the state of his  
~~index of the strength of the system;~~  
~~patients disease;~~ ~~and~~ <sup>that</sup> for he will not

To acquire a still greater familiarity  
with symptoms & method of curing  
with diseases, permit me to recommend  
to you to set up with sick people in the  
critical stages of their diseases. It was part  
of the education King of Parma made it a  
essential part of the education of a  
young man intended for the army, to set  
up whole nights, or to be called out of  
his bed two or three times in the same  
night. If such acts of self denial have  
been thought necessary to qualify men  
for the dreadful art of taking away life  
how much more necessary should they  
be deemed to qualify men for the divine  
art of saving life. During the night  
one will be <sup>& honorable</sup> ~~discovered~~ <sup>one</sup> of the true  
State of a disease, by an attentive

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contaminate his fingers by ~~touching~~  
~~the flesh of~~ <sup>with</sup> his patient, altho'  
his disease should be free from all the power  
of infecting him. V

To render <sup>an</sup> attendance upon a few  
of our lectures ~~of~~ profitable, and ~~our~~ lectures it will be  
necessary to join with them a diligent  
application to books. Upon the theory  
of physic, you will do well to read ~~the~~  
~~works of Dr B~~ ~~and Cullen & Brown at~~  
~~a loss to know what Authors to read.~~  
Dr Hoffmann -

I would recommend to you Dr Cullen & Dr Brown, con-  
-tains in my opinion the most truth  
of any ~~similar~~ Authors that I know  
upon the practice of physic I am ~~not~~  
less grave to recommend to you  
~~what~~ ~~to~~ ~~recommend~~ ~~great~~ ~~unprofitable~~  
~~the~~ ~~works of~~  
~~James Hay Cullen - Van Swieten - Heselden~~  
Pringle - Monro - Whyst - Fothergill

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student of physic, than by twenty visits  
to the same patients in the ~~same~~<sup>day</sup> time.

- know his position in Sleep - the state of  
his eyes - mouth - and even his ~~dreams~~  
will all afford <sup>him</sup> some instruction.

But this is not all - the intermission  
of fevers often occurs in the night,  
To avail ourselves of an opportunity of  
administering most effectual <sup>for</sup>  
~~knowing~~ the very medicine that is  
curing them, it will often be necessary  
to take the pulse every hour of the  
night. But this can be done with  
~~any~~ ease & safety only by persons who  
have early accustomed themselves to  
~~the~~ habits of self denial  
~~and~~ ~~knowing~~ themselves with respect to  
Sleep, I might here mention the  
~~I shall~~ cannot omit mentioning

Cleghorn - Read - Green - Blane - Aberdeen,  
 These authors may be considered as <sup>the</sup>  
 & are the twelve Apostles of this important  
 branch of Medicine.  
 In reading these authors, you will make due  
 allowance for the difference of Climate - manners  
 & State of Society in which they wrote. 49 to p. 50  
 To render those lectures as useful

as possible, I shall accompany them  
 with <sup>clinical</sup> remarks upon such <sup>cases</sup> as  
 are worthy of notice, during my  
 attendance upon the Pennsylvania  
 hospital. The descriptive history  
 of the cases ~~for~~ <sup>for obvious reasons,</sup> only, can be taken  
 down in the hospital. The remarks  
 (as often as any ~~occur~~  
 upon them, shall be delivered in  
 worth communicating)  
 the College - after, or before our  
 other lectures.

I shall sum up all that has been  
 said upon the study of medicine  
 by recommending to you, above all

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~~one important advantage which you  
will find from <sup>early</sup> making yourselves acqui-  
-ted with <sup>the symptoms of</sup> diseases in early life, and that~~

~~is, the <sup>discreet</sup> many advantages  
you will enjoy in this city to prosecute  
the study of Medicine, but I shall take  
notice of only one of them - and that~~

~~is, you will here study <sup>Physic.</sup> Medicine in~~

~~a country in which you are to  
practise it. This circumstance alone~~

~~should turn the scale in favor of an~~

~~American education in <sup>medical</sup> Physic. I am~~

~~satisfied that no medical instruction given~~

~~in an European University can apply~~

~~so well to the minutiæ of practice; and~~

~~this country, and as those systems of~~

~~Physic are built upon the phenomena~~

~~of disease, I am <sup>of course</sup> equally confident~~

things, ~~from books~~<sup>48</sup>, from patients,  
and from the public instructions you  
will receive in this college<sup>in yr studies</sup> to attend  
principally to facts. That books - that  
patients - and lectures - will be profi-  
table to you only in proportion as  
they suggest facts to your observation,  
and remembrance. — Facts are

~~the morality of medicine~~ [There are  
times (says the excellent D<sup>r</sup> Price)  
when I ~~was~~ am <sup>tempted</sup> disappointed to doubt  
of the truth of every principle in the  
~~Christian religion~~, but I never <sup>yet saw</sup> do  
the time when I have doubted <sup>again</sup> for a moment,  
doubted of the truth of this saying,  
"He that walked uprightly, walketh  
surely". In like manner, <sup>Gentlemen</sup> ~~those~~]

that no System of Physic framed in Europe can be safe proper or safe in all its parts, for an American physician. — It was not till the Physicians of Europe laid aside their estimation for the writings of ~~the ancient Hippocrates - Galen - and other ancient authors~~ that Medicine began to grow —

In this list of Authors ~~please~~ said nothing <sup>of</sup> ~~of~~ <sup>them</sup> I have mentioned among these writers, ~~please~~ you will find no ancient Greek or Roman ~~or~~ <sup>Dick</sup> Arabic names. The ~~ancient~~ customs manners - and habits both in war & <sup>amirt.</sup> peace of the nations of Greece & Rome ~~gave~~ <sup>gave</sup> climates <sup>in</sup> complexions to their diseases ~~of~~ <sup>which</sup> makes them very different in their causes - symptoms - & duration

There are times, when I am disposed to doubt the truth of every principle in medicine, but I never yet saw the time to when I have doubted <sup>or</sup> ~~ever~~ for a moment of the safety, ~~and~~ advantages of being ~~depend~~<sup>ing</sup> upon the evidence of facts in the treatment of a disease. Theories in medicine ~~have~~ <sup>are necessarily</sup> fluctuating, and must continue so for years to come, but facts like the obligations of morality, will endure for ever.

from the diseases of modern nations  
 Instead therefore of turning over the  
 many volumes of antiquity in search  
 of knowledge, <sup>in medicine</sup> let me advise you ra-  
 ther to study the book of nature in the  
 minds and bodies of ~~your patients~~ sick people. The  
 fate of medicine has been a good deal  
 like that of the two of the fine arts. While  
 Petre the English poet ~~spent his time~~<sup>painting</sup>  
 and nothing but copied Virgil, and the English painters  
 spent half their lives in copying the  
 pictures of Raphael & Le Brun, we saw  
 nothing but ~~Italian~~<sup>Romney's</sup> Seasons  
 scenes in poetry, and Italian or French  
 manners in painting. — Thompson  
 first described the British seasons, &  
 Mr. W. West first intro-  
 duced

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the British ~~Academy~~ countenance and  
manners into his <sup>In like manner</sup> fine pictures. For  
many centuries our books of medicine  
consisted only of <sup>and</sup> idle Speculations,  
~~represented by~~ transcripts from Ancient  
writers. No wonder these Anterries  
were marshaled by <sup>such extraordinary</sup> ignorance and darkness.

Within the last thirty years Physicians  
have exchanged the folio volumes of  
ancient learning, <sup>portable</sup> for the books of Nature, &  
have deserted their closets to set down  
at the bed side of their patients. In  
this conduct, they have discovered the true  
Hippocratic Art of studying Medicine,  
for <sup>it consists</sup> this ~~happy~~ not in reading the works  
of Hippocrates, but in adopting the  
excellent <sup>which</sup> method she be followed with so much

success in acquiring his accurate knowledge  
of diseases. ~~I return to p 460 for~~  
In consequence of this change in the  
~~the~~ conduct and studies of physicians,  
more ~~distressing~~ improvements have  
been made in medicine within the last  
30 years than were made in ~~most~~<sup>a</sup>  
centuries before them. — Return to p 460

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